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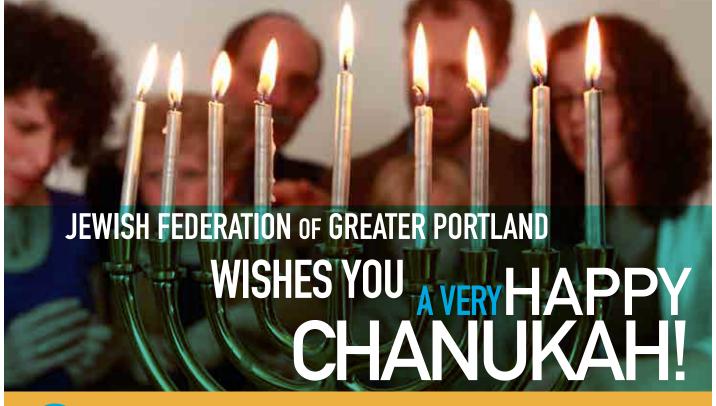
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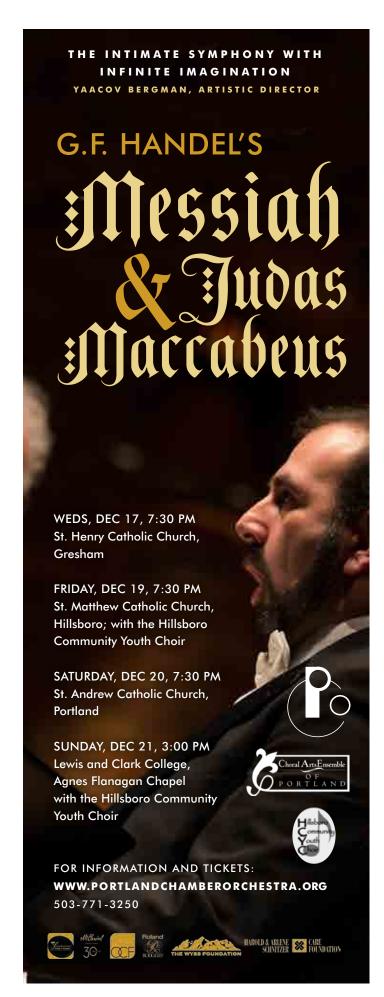
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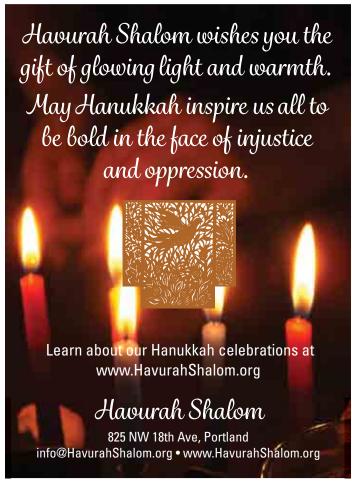
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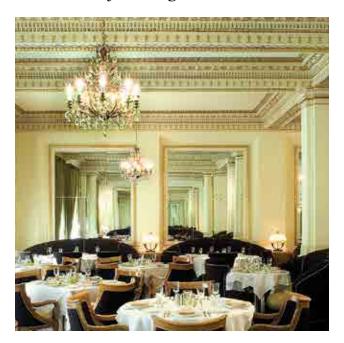
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Editor's Letter



I had planned to devote my message this month to the fun and warmth of Hanukkah. Our issue is full of good food, gift ideas and ways to celebrate that bring family and friends close.

But terror and tragedy have intervened and given our community an unwanted need to gather.

During the High Holidays Israelis relaxed as the strain and tension faded after Operation Protective Edge in Gaza reduced the capacity of Hamas to deliver death with rockets and tunnels. The respite turned out to be brief.

This fall Palestinian terrorists turned to a new murder scheme of using vehicles to slaughter innocent civilians waiting at bus stops or other gathering points. Writing in early November, our columnist in Israel, Mylan Tanzer, wrote that people were starting to wonder if another intifada was beginning. He writes that many Israelis are beginning to feel the siege mentality of wondering if it is safe to wait for the bus or go into some public areas. Yet his concluding note is cautiously optimistic.

Just days after receiving Mylan's column, terror took another turn in Jerusalem. On Nov. 18 terrorists entered an Orthodox synagogue during morning prayers and slaughtered four worshippers and the first police officer on the scene, who entered the shul despite not having protective gear. Eight others were also injured by the two terrorists armed with a gun and hatchets. Hamas has claimed responsibility for the attack.

Three of the men killed had dual U.S.-Israeli citizenship. Those slaughtered left behind five widows and 26 orphans.

Closer to home, two students at Portland Jewish Academy also became orphans when their father killed his ex-wife and then himself. While shalom bayit (peace in the home) is prized in Jewish tradition, no one is immune from domestic violence. Spousal abuse and child abuse occur across all socio-economic, religious and ethnic lines. When an abuser has a gun in the home, the abuse is five times more likely to become murder.

And so in mid-November, communities in two countries gathered for funerals. But they also gathered to express support. In Portland rabbis and mental health professionals helped friends and family come to terms with the tragedy, while supporting the young girls and their classmates.

Around the world solidarity rallies sprouted to offer that same support to Israelis.

Not the kind of gatherings I had hoped to be discussing.

Yet it does remind me that Hanukkah teaches us that rededication is possible. From the ruins, we can rebuild and rededicate. As the festival of lights begins this month, I hope our communities rededicate themselves to exploring options to promote peace in both the Middle East and our homes.

Deborah



A magnificent new 21st-century rehab center.

So far, our Dignity by Design project has quietly raised a remarkable \$14,925,000 to remodel our beloved Robison Jewish Health Center and to build a new, state-of-the-art Harold Schnitzer Health and Rehabilitation Care Center. When fully renovated with private rooms (and individual bathrooms and showers), Robison will be able to offer much-needed short-term rehab services to members of our community who have had a recent surgery or hospital stay...in preparation for return to their own homes.

A whole new atmosphere for long-term care...using a "household model."

The planned new construction of the Harold Schnitzer Health and Rehabilitation Care Center (attached to Robison) will showcase a new household care community. Four new households — of 12 bedrooms each — will have a warm, more home-like atmosphere and dedicated staff offering



the highest-quality person-centered care available. Each resident will have a private bedroom (and individual bathroom and shower) that opens onto a beautifully appointed common area with living room, dining area and kitchen. Research across the country shows that this "household model" improves the quality of life and healthcare outcomes of elders.

Together, we can do something of great significance for future generations.

Our goal of raising \$19.3 million for this very important project is within reach. We can think of no better way to celebrate the Hanukkah tradition of dedication and renewal than by giving the gift of improving the healthcare and quality of life for our community's most fragile elders. With your help, we can make a difference for generations to come.







By Deborah Moon

Robert Cohen knows the value of reliable resources. He's used available resources to meet his goals throughout life, and now he's providing reliable staffing resources for small and midsized companies in the Portland metro area.

In August Cohen opened PrideStaff, a staffing agency that as a franchise draws on both corporate resources and the benefits of local ownership to provide dependable staffing for businesses and reliable work for individuals and veterans looking for temp, temp-to-hire and direct-hire positions. PrideStaff is the employer of record and handles payroll and provides health insurance for the temp workers.

The route to becoming a business owner has provided the 56-year-old Cohen with valuable experiences – including six years in the Army and 23 years as a corporate executive - that he believes will make PrideStaff a valued staffing partner for the region's business community.

Cohen was born and raised in Philadelphia, where his family belonged to "an extremely Conservative congregation," which he describes as similar to today's modern Orthodox. Throughout his life he has primarily belonged to Conservative synagogues wherever he has lived, including Congregation Neveh Shalom in Portland.

When his plans to attend grad school ran into a stumbling block called money, he decided to enlist in the Army and let the military pay for his higher education. He enlisted in 1984, and went on to be commissioned as a captain, serving

as a maintenance helicopter test pilot. After the three years. Though he still owed the Army three years for his degree, after the Berlin Wall came down in 1989, he was offered the opportunity to get out early as the United States downsized its Cold War era military.

He used his training and education to begin a successful corporate career in health care, including17 years in health care information technology.

After his divorce, he didn't hesitate to use the resources of the early internet to locate his first love. When he found out Caryn was still single and living in Florida near his new job, he reconnected with his "soul mate," whom he first met on the Atlantic City Boardwalk in 1977 and then dated from 1978 until 1981 when he moved to California planning to attend grad school.

His says their reunion and subsequent marriage when he was 40 was "beshert," a term he also uses to describe his discovery of Oregon as a wonderful place to live for a family that hikes, bikes and skis. "I love beer and coffee, and the weather really isn't bad."

In 2003 while working for Siemens Healthcare Technology, he volunteered to be the "executive sponsor" to work with Pacific Northwest health care providers and to visit Coos Bay quarterly.

"So I started coming quarterly and fell desperately in love with Portland," he says. So he began to use networking and professional resources to find a suitable job in Oregon. It took nearly nine years, but in August 2012 he was hired to run a business unit for GE.

Before Caryn's first house-hunting trip to Portland, she contacted some of the synagogues to see if they had any members who are Realtors. She found Robin and Carolyn Weinstein "and they became our conduit to connect with the Jewish community," says Cohen.

Robert, Micayla (8), Chase (11) and Caryn Cohen cut the ribbon held by the official ambassadors from the Beaverton Chamber of Commerce at the formal opening of PrideStaff in Beaverton on Oct. 10. In the background are family friends, members of the chamber, and PrideStaff staffing consultant Jessica Norris (behind Micayla) and recruiting assistant Audra Boyd (behind Caryn). Robert Cohen opened the staffing agency Aug. 18.

Tired of the corporate world with frequent moves, Cohen says he decided it was time to open his own business.

He once again turned to resources to help him find a franchise opportunity that fit him. While staffing was not on his radar, a franchise consultant told him his passion to coach, mentor, solve problems and talk to people made him a great fit for the staffing field.

He describes his new career as owner of PrideStaff Portland as amazingly energizing.

Now Cohen himself has become a valuable resource.

In the temp staffing industry, most offices are either "mom and pop shops" or branches of large corporations. He says the beauty of PrideStaff is that he has the corporate leverage and support for areas such as payroll and health insurance, but he has the flexibility of being a sole proprietor who can use his own strengths and interests to expand his business.

For instance, the national PrideStaff model does not include working with returning soldiers to integrate them into civilian employment. But with his military background, Cohen has both the passion to help veterans and the knowledge to read a military resume and translate that into skills needed by local companies looking for administrative/office help, light industrial and tech manufacturing (the core sectors targeted by the PrideStaff model).

"Returning soldiers are not part of the franchise model, but I can recast the skills they know to fit into our core model," says Cohen. "They don't know how transferable their skill set is into a job, and employers don't know how to look at a military resume. Many skills are translatable, but the soldier and employer don't know how to translate. For instance, fixing radar in the military means they can read schematics and fix things. That makes them a good fit for technical manufacturers.

"Additionally, just being able and willing to show up for work and put their nose to the grindstone is something many people don't have, but these soldiers do," Cohen says, adding that former soldiers also have security clearance.

In October Cohen spent a day at a Hire Our Heroes job fair at Joint Base Lewis-McChord near Tacoma, WA. He says talking, coaching and mentoring the former soldiers was rewarding in itself, but "If I help just one soldier find a job, it's awesome."

Linking people needing work with companies needing qualified workers gives Cohen the sense that he is giving back - just one of the Jewish values he has tried to imbue in his four children: Jessica, 28, and her husband, Adam, and son, Leo, of Dallas, Texas; Alexandra, 23, of Austin, Texas; Chase, 11, and Micayla, 8. The two younger children attend Hebrew School at Neveh Shalom. 9



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Compassion & Choices honors Reneé Holzman



Compassion & Choices Oregon honored Reneé Holzman (right, with Charlene Zidell of the CCO advisory board and Oregon Attorneys for Dignity, and

Min Zidell, center) at its 17th annual fundraising luncheon Oct. 8 at the Multnomah Club. The 320 attendees raised \$135,000, including a \$50,000 donation from the Zidell



Help a Jewish Couple Build Their Family

A Portland Jewish couple is seeking to adopt a local infant (Jewish or non-Jewish). Their adoption agency has recently encouraged waiting families to network for help within their communities. So, if you encounter a woman with an unplanned pregnancy who is interested in considering adoption, please refer her to 'Rebecca and Ben' on the waiting families page of www.boysandgirlsaid.org and/or contact the couple at helpusbuildourfamily@yahoo.com.

family, for the Oregon Access Campaign to improve care and expand choice at the end of life. "Reneé is a true activist," said former Gov. Barbara Roberts in her introduction. Gov. Roberts is on the CCO speakers' bureau and has been a CCO advisory board member since she left office in 1995. Oregon has had its Death With Dignity law since 1997, but many patients and their families need help as they go through this difficult time; CCO functions to support, educate and advocate. Photo by Owen Carey, caption by Liz Rabiner Lippoff

Public Relations Society honors Colby Reade



Colby Reade received the 2014 New Professional Award of Excellence, presented by the Public Relations Society of America's Portland Metro Chapter at the PRSA Spotlight Awards on Oct. 16.

The New Professional Award of Excellence honors a chapter member who has entered the field of public relations within the past five years. The award is presented to a professional who has demonstrated his or her commitment to advancing public

relations through career achievements, volunteerism and the highest standards of professionalism.

Reade is an account manager at The Hoffman Agency in Vancouver, WA, where he works on the Alcatel Lucent account and supports the company's new business efforts.

Reade is a member of the PRSA Portland Metro Chapter's Board of Directors, acting as vice president of member communications. He has also lent his communications skills to a number of Portland-area nonprofits, volunteering with groups such as SMART (Start Making a Reader Today), Willamette Valley Development Officers and Oregon Dog Rescue.

Colby Reade is the son of Irwin and Annie Feves. He began using Reade, his middle name, professionally when he began his broadcasting career. He and his wife, Kaila, are expecting their first child soon. They are long-time members of Temple Beth Israel.

Cedar Sinai Park receives Collins Foundation grant

Cedar Sinai Park has received a \$150,000 capital gift from The Collins Foundation to help build the new Harold Schnitzer Health and Rehabilitation Care Center, says David Fuks, Cedar Sinai Park Chief Executive Officer.

The Collins Foundation awarded this gift to spur further support of the organization's campaign to finance the new facility and to allow Cedar Sinai Park to improve upon its health-care model of excellence.

"The Harold Schnitzer Health and Rehabilitation Care Center will use the household model to provide our most fragile community members a care environment that enhances functioning, increases dignity and significantly improves quality of care and quality of life," says Fuks. "Research has shown that even very fragile elders function at a higher level in a household care setting."

"This innovation will help us to create a setting with personal choice and dignity at its center," says CSP Capital Campaign Chair Jim Winkler. "It is time to assure that institutions bend to meet the needs of elders rather than expecting elders to bend to fit into institutional routines."

The Collins Foundation is an independent, private foundation that was created in 1947 by Truman W. Collins, Sr., and other members of the family of E.S. Collins. The foundation exists to improve, enrich and give greater expression to humanitarian endeavors in the state of Oregon and to assist in improving the quality of life in the state.

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Rabbi Greenberg "Accomplished and Under 40"



At a Nov. 4 luncheon hosted by the Vancouver Business Journal and Riverview Community Bank, Rabbi Shmulik Greenberg was honored with the "Accomplished and Under 40" award. Rabbi Greenberg received this

award for his community involvement and outreach. Rabbi Greenberg founded the Chabad Jewish Center as well as The Gan- Garrett Jewish Preschool. He has been recognized for his impact on the greater community as well. The Jewish Business Network, which he directs, in partnership with Child Protective Services has provided summer camp scholarships to foster children in the Clark County community. He was nominated by local business leaders as well as by Vancouver's Mayor Tim Leavitt, who wrote that "Rabbi Greenberg's immersion into the community since his arrival in 2003 has been impressive. He's repeatedly demonstrated what it means to be a leader and how to help others. His message of inclusiveness and hope reverberates throughout our community and serves as a reminder of how we can work together to look after each other."

Business Ins & Outs welcomes submissions of news items. Send brief and a photo to Oregon Jewish Life Editor-in-Chief at deborah.moon@ojlife.com.





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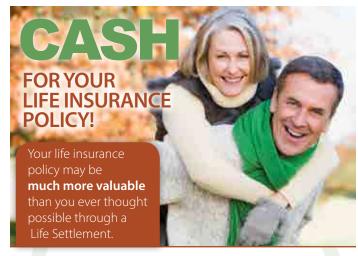
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Federation, community, Laurie Rogoway grew together

By Deborah Moon

Portland's Jewish community was enriched by decades of dedicated service when Canadian Laurie David came to town to visit her aunts in 1964 and fell in love with Portland native Bert Rogoway on a blind date.

This month, Laurie Rogoway retires after 30 years of building community through her work at the Jewish Federation of Greater Portland. Before that she served as the first employee of the American Jewish Committee in Oregon (from 1978 to 1984), and before that she was an active volunteer including marching for freedom for Jews in the Soviet Union.

Barbara Durkheimer has known Laurie since she began her career as a Jewish communal worker. "Her career began with AJC, now OAJC, when my dad was president of the organization," says Barbara. She adds that throughout that career, "Laurie envisioned maintaining, sustaining the Jewish communities all over the world. She was true to it, she delivered on it and she helped this community especially reap the rewards through her vision and determination. ... She was respected and admired, and everything she did or said was heartfelt."

JFGP President and CEO Marc Blattner adds, "Laurie is a 'pro's pro!' I am unsure what more needs to be said. I first met

Laurie in 1997 on a federation mission to St. Petersburg. I was working at the Baltimore federation, and Laurie was from Portland. We would subsequently see one another through the years on other mission programs and federation conferences. She was always there with a smile, different ideas and great interest in learning new and different ways to do our work better. Since my arrival in Portland four+ years ago, she continues to be my mentor, wise sage and conscience as we work to enhance Jewish life for generations to come (including for her own children and grandchildren)."

Laurie says she will miss working with the wonderful lay and professional leaders she has spent so much time with. She says she will also miss being part of the planning process.

Laurie says the trend she most regrets seeing over recent decades is that American Jews now have less of a sense of being part of the world Jewish community and feel less connected to Israel. "I think it's a loss for people who don't have any sense of that."

"One of the greatest joys of my life was to be part of that," says Laurie of the rallies and marches that ultimately freed Soviet Jews to emigrate to Israel and the United States. "We felt connected to people thousands of miles away. ... We celebrated when the exodus began and had a huge sense of empowerment and of being part of something much bigger than ourselves."

Throughout her years at federation, Laurie says she has been privileged to visit many countries whose people have been aided by the money raised by the American Jewish community. She has welcomed new olim who flew from the former Soviet Union to Israel when Jerry and Helen Stern and their family financed an entire planeload of emigrants during Operation Exodus. She has visited Ethiopians preparing to fly to Israel and then flown on a parallel flight to welcome them to their new homes.

"You don't forget those experiences," she says.

While some people think of such trips as "little jaunts," Laurie says those experiences serve an important purpose: "To see firsthand what our dollars are doing, so we can come home and share the stories."

But while the trend to less engagement with the world Jewish community dismays Laurie, she sees hope in another trend – one toward more awareness and acceptance of the size and diversity of the local community.

"When I started, we thought there were under 10,000 Jews here," says Laurie, noting that in the '60s and early '70s Portland had only three or four synagogues. "We looked at people who were part of the established community; nobody thought about people with no ties. The demographic study a few years ago showed more than 45,000, which we knew instinctively but had never addressed in a communal way."

The recognition of the large unaffiliated population has caused a shift from an institution-centered community to a service model

She says the service model "provides services where, when and how people want them. That's not to say anything goes, but to give people a meaningful Jewish life in a way that works for them. We'd love for everybody to belong to a synagogue and support the agencies, but they may not."

Laurie says generations of her family have reaped the benefits of the local Jewish community agencies. She and Bert have had family members live out their golden years at Robison Jewish Health Center, they adopted their oldest daughter with help from Jewish Family & Child Service, they have all enjoyed activities at the Mittleman Jewish Community Center, and her children and grandchildren have thrived at B'nai B'rith Camp.

Laurie and Bert have three children and nine grandchildren. Susanne Wendrow and her husband, Michael, live in Portland with Noah, 15; Rael, 12; and twins Levi and Sethan, 9. Edie Rogoway Van Ness, an attorney in Portland married to Nathan, has a daughter Georgia, 8. Son Allen Rogoway and his wife, Alli, live in Chicago with four children – Maysun, 14; Ruby, 12; Shay, 5; and Osmund, 6 months.

As Laurie heads into retirement, and the freedom to spend more time with her family, she says, "My personal goal is that my grandchildren will find a place in this community that they want to be a part of, and that the community has interesting and meaningful programs for them."

Laurie Rogoway Retirement Party

WHEN: Tuesday, Jan. 13, 6:30 pm - Cocktail Reception; 7:30 pm - Program to honor Laurie

WHERE: Mittleman Jewish Community Center, 6651 SW Capitol Hwy., Portland

TICKETS: \$40 includes cocktails, kosher tidbits and pupus.

Tropical attire encouraged.

RSVP by Jan. 9: Rachel at 503-892-7413 or online at jewishportland.org/Laurie





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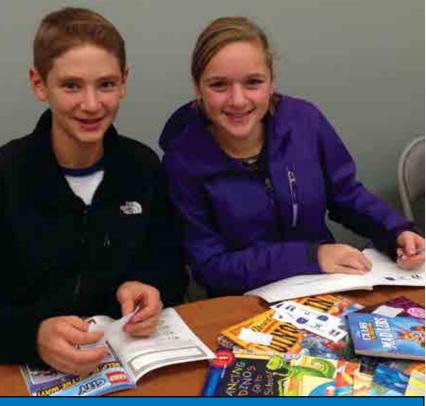
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A child friendly resource for parents





Books "Make A Difference"

Congregation Shaarie Torah Wednesday Night School students write greetings and put labels on the books they collected to donate to several community organizations serving youth in the local area. The donation was part of a the Assistance League of Greater Portland's annual book drive for Make A Difference Day Oct. 25. Congregation Shaarie Torah collected more than 300 books for the project, which provided nearly 2,000 books for Children's Book Bank, Janus Youth Programs, Operation School Bell and Aloha Community Library.

With focus off gifts, EVERYTHING HAS MORE MEANING - EVEN THE PRESENTS!

By Lisa Weiner

Hanukkah has all the ingredients for a wonderful family holiday – a good story, strong rituals, fun songs, delicious (fried!) food, a kid-friendly gambling game, colorful candles and, of course, presents.

Despite all the potentially delightful parts of the holiday, oftentimes the presents become the dominant focus, which can be unpleasant and stressful for parents. We feel pressure to have "exciting" gifts each night. We are dismayed when our children want to rush through the prayers and songs. Buying all those gifts is expensive and lots of work. And finally, the influx of so many new playthings into our houses can create clutter, mess and stress.

Given the above, are you hoping to celebrate Hanukkah differently this year to take some of the focus off of presents? Well you are surely not alone! Here are some ideas about how to keep things balanced this Hanukkah:

- Invite friends over on several nights of the holiday.
 When friends are over, the focus shifts from presents to fun conversation and lively games of dreidel.
- Move beyond basic potato latkes: have fun exploring different latke toppings and other fried-in-oil foods, such as sweet potato latkes, apple fritters and sufganiot (jelly donuts). Better yet, cook these holiday treats together with your children!
- Reinvigorate your dreidel game by stocking up on various items to be used in place of gelt or pennies: chocolate-covered raisins, jelly beans and gummy bears are all fun to use.
- Add to your Hanukkah song repertoire. There are so many great Hanukkah songs – make sure your family knows lots of them. Have another family come over and teach each other your favorite songs for the holiday.
- Finally, don't make presents the end point of the evening; sing some more songs and play some dreidel after the present exchange.

After you restore some balance by focusing on the other wonderful parts of the holiday, it's time to thoughtfully embrace the present-giving:

- Clarify your values and make sure the gifts you give are aligned with them.
- Art supplies make great gifts not only do they encourage creativity, they also eventually get used up!
- Think "experience" gifts: magazine subscriptions, zoo or

OMSI memberships, gift certificates to a local coffee shop where you can have a hot chocolate date, etc.

- Games are a fun choice because you get to spend time together while playing.
- Don't give gifts that will drive you crazy! You're the parent, you get to choose what you bring into your home.
 Tired of stepping on Legos? Don't buy 'em! Dislike the frantic search for batteries? Buy toys that run on imagination instead.

This year, your family's Hanukkah can be a time of joy, fun and connection where presents are not the sole focus, but just one of the many wonderful parts of your eight-day celebration!

Lisa Weiner, MSN, is a nurse practitioner, certified Simplicity Parenting counselor and mother of two wonderful boys. To find out more about Lisa's classes, workshops and family consulting, visit HandmadeParenting.com



Create the Chanukah menorah of your dreams.

Make it out of clay, Legos, papier-mâché, cookie dough, paper towel rolls, stones you find on a hike, Tinker Toys or anything else you can imagine or find around your house.

Make anything you think you can make. Simple or complex, it's all meant to be fun.

Bring your creative Chanukiah to the Beit Haverim Chanukah dinner and Shabbat service on December 19th and we will give you a chance to display it through the evening.

Make sure to include your name on the Chanukiah so we know who created these beautiful Chanukiot. All submissions win a prize.

LIMITED SEATING - MAKE YOUR RESERVATIONS TODAY

Due to space limitations we are unable to accept walk-ins

www.beithav.org



Hanukkah HIGHLIGHTS

By Rich Gelle

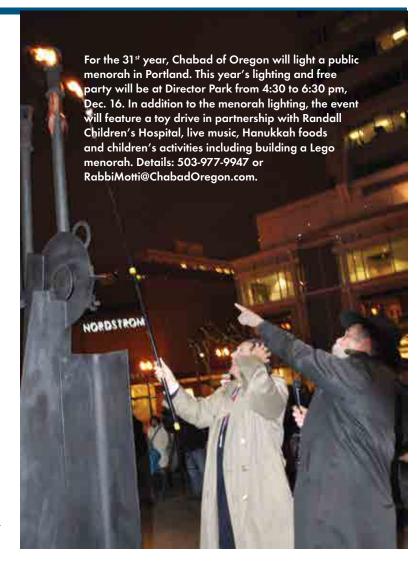
The long, cold, rain-soaked nights, suffused with the aroma of organic, locally sourced, cruelty-free, artisan latkes can mean only one thing – it's Hanukkah in Oregon! For Jewish families with young children, Hanukkah is a special time to come together and share the history of our people.

Hanukkah, or dedication in Hebrew, commemorates the rededication of the Second Temple in Jerusalem following the triumph of the Maccabees over the Syrians (who had outlawed Judaism) in the second century BCE. The miracle of the Temple's meager one-day supply of oil lasting for eight until a new supply could be procured is remembered not only by the lighting of the candles but by the consumption of foods that have been cooked in oil. Like so many Jewish holidays, the accompanying rituals and traditions have become both a living memorial to our resolute ancestors and an inspiration for the present and future.

A century ago Hanukkah was in danger of being eclipsed by old Saint Nick. Many American Jews had stopped lighting the menorah in favor of exchanging Christmas gifts. Concerned Jewish clergy feared the Hanukkah lights might be extinguished forever in the New World given the rapid pace of cultural assimilation. However, after the doughboys of World War I came home, Hanukkah experienced a dramatic revival. Its proximity to Christmas inspired an expanded celebration. Simple exchanges of gelt led to more elaborate gifts, cards, decorations and festive parties. Hanukkah was transformed into an eight-day celebration of Jewish culture that highlighted our capacity for perseverance in the face of adversity.

The beauty of Hanukkah today is that it can be whatever you want it to be. Once you fulfill the basic mitzvot of lighting the candles and saying the blessing, the sky's the limit. Your Hanukkah celebration can be a modest low-key affair or you can party like a Maccabee. At our house we do Hanukkah up to the nines. Our kids get to work early and create holiday-themed art each year, including drawings depicting Hanukkah themes, paper dreidels and menorahs. We keep the best of the older ones with the Hanukkah stuff and hang it all on our kitchen wall on the 25th of Kislev (the first night of Hanukkah). My wife and I have been collecting menorahs and Hanukkah decorations for years, and we display them throughout the house. Our family makes a Hanukkah feast of brisket and latkes, with the kids taking the lead with the prep work.

You can fashion your own menorah or paint one at do-ityourself studios such as Masterpiece Art Studio in Beaverton. They have premade ceramic menorahs all ready to decorate



in the weeks leading up to Hanukkah. You can even make a functional dreidel or a menorah out of modeling clay at home and then let it dry and harden. For more crafty ideas for Hanukkah fun, visit Kveller.com, a fantastic resource for parents raising young Jewish children.

Hanukkah is also a great time to read with your children. PJ library, a free service that mails Judaica books and music to families raising young Jewish children, is going all out for Hanukkah this year. Hanukkah books went out in November to allow families ample to time read their books prior to the holiday. In December a music CD will go out, followed by a special Hanukkah surprise! PJ Library also co-hosts "Mommy and Me" with The Gan-Portland Jewish Preschool and with Chabad in Northeast Portland each week; the mom-tot programs will feature Hanukkah-themed programming during December. On the afternoon of Dec. 12, PJ Library is co-hosting a little Shabbat for preschoolers and their families. Visit pjlibrary.org for links to books, crafts and recipes and to sign up if you are not already receiving books.

However you choose to celebrate the Feast of the Maccabees, be sure to have fun and to honor our ancestors by teaching your children of their heroic deeds and of G-d's miracle of light through story, song and food (after all it is a Jewish holiday!).

Selected Hanukkah highlights from across the Beaver State:

- 1) Hanukkah party at Director Park (Southwest Park between Taylor and Yamhill, downtown Portland), 4:30-6:30 pm, Dec. 16. In addition to the 31st year of lighting a public menorah, Chabad of Oregon will partner with Randall Children's Hospital in toy drive. Enjoy music, latkes and activity booths for children.
- **2**) Find the perfect present for that hard to shop for person on your list at the Hanukkah Gift Fair at the Mittleman Jewish Community Center, in the Stern Family Ballroom on Sunday, Dec. 14, from 11 am to 5 pm.
- **3**) Dance and spin like a dreidel on Dec. 17 from 6:30 to 7:30 pm at the MJCC's annual Hanukkah party.
- **4**) If you want to give something back to the community, the Portland Mitzvah Network will sponsor a Hanukkah volunteer opportunity Dec.18 from 6 to 9 pm at the Oregon Food Bank. Kids ages 6 and up are encouraged to participate. Visit "Chanukah Helpers" at the Oregon Food Bank Facebook page.
- **5**) The Jewish Family and Children's Service offers opportunities to sponsor a needy Jewish family for Hanukkah. Your gift will provide gifts and a holiday meal. Visit ifcs-portland.org or call 503-226-7079.
- 6) Neveh Shalom is hosting its annual Hanukkah dinner and celebration on Thursday, Dec.18, at 6 pm. Come hear the Percy Bernstein Orchestra and celebrate with Neveh Shalom singers. Bring a menorah from home to light. Enjoy a traditional latke dinner with all the trimmings. Visit nevehshalom.org for details.
- 7) Celebrate with Congregation Beth Israel as they kick off the holiday in style with their annual Rockin' Hanukkah Eve extravaganza on Friday, Dec.19. CBI's Annual Congregational Dinner is at 6 pm followed by a brief service at 7:15 and a Hanukkah party in Goodman Hall complete with sufganiot and live music! Don't forget the Dec.14 pre-Hanukkah gift shop sale.
- **8**) Shaarie Torah is hosting a Hanukkah Fair on Dec. 7 from 9 am to 4 pm. Find that perfect gift, have a nosh and kibbitz with

members of your Jewish community. On Dec 18 the congregation will have a preschool party at 5:30 followed by a general party at 7 pm.

- **9**) Temple Emek Shalom in Ashland has a Hanukkah party at 4 pm on Saturday, Dec. 20.
- 10) The Jewish Community School of Central Oregon, which includes students from Temple Beth Tikvah and Shalom Bayit, is hosting a Hanukkah workshop for families on Sunday, Dec. 14, from 10 am to 12:30 pm at Shalom Bayit Synagogue on Modoc Lane. Then on the fifth night of Hanukkah (Saturday, Dec. 20), get ready for Latke Palooza! Festivities are from 6 to 9 pm.

Best Hanukkah Noshes:

- 1) Three words: Krispy, Kreme and Kosher! Head on down to the Beaverton Krispy Kreme for glazed goodness that would make Homer Simpson say, "mmm ... donuts." Certified by Oregon K and Homer Jay. 16415 NW Cornell Road, Beaverton.
- **2**) Kornblatt's Delicatessen. For 25 years this venerable Portland deli has been serving "Lox, Latkes and Lattes" to hungry Rose City noshers. 628 NW 23rd Ave., Portland.
- 3) Kenny and Zuke's cookbook, The Artisan Jewish Deli at Home, features no less than five latke recipes including garlic latkes, roasted red pepper latkes and zucchini latkes with tomato relish. Top their fluffy latke recipe with their chunky ginger applesauce. This amazing kitchen resource features brisket recipes for all seasons. The fall brisket recipe is cider and butternut squash, and the winter brisket is Reisling sauerbraten.
- **4**) Mother's Bistro's Lisa Schroeder, "Portland's unofficial Mother in Chief," makes heavenly latkes worthy of your bubbe! 212 SW Stark St., Portland.
- **5**) Trader Joe's latkes. Conveniently located in the frozen aisle, these little beauties are kosher and delicious. traderjoes.com
- **6**) Safeway kosher deli and bakery: Visit this invaluable local resource. 8145 SW Barbur Blvd., Portland; 503-452-6068.

Hanukkah Sound and Vision:

- 1) "Hanukkah Lovin'" by Michelle Citrin:
 Absolutely delightful Jewish lounge music
 with a Norah Jones vibe and a warm, smoky
 vocal. You and your Hanukkah honey will
 want to cuddle up and listen to this tune after
 the kids have gone to bed. Citrin is a real
 charmer in the must-see video, available for
 viewing on YouTube.
- 2) "Light Up the Night" by The Fountainheads: This group of young Israeli musicians brings a bright polished pop sound that will have your little ones out on the dance floor before you can say Judah Maccabee!
- 3) "Honika Electronica" by Smooth-E: The extremely silly music video featuring Jewish rapper/comedian Smooth-E surfing through space atop a giant menorah while dressed as Star Trek's Mr. Spock and doing the robot with an actual robot is required viewing for all Jews with a sense of humor. Visit ericschwartzlive.com, jibjab.com or check out his videos on YouTube.
- **4**) "Miracle" by Matisyahu: The Jewish reggae legend busts mad rhymes with this ode to the miracle of Hanukkah.
- 5) "Festival of Light 1 and 2": These two albums boast an eclectic set of Hanukkah tunes to groove to while you spin the dreidel. They feature a diverse set of artists presenting their spin (no pun intended) on the holiday. Swing with the big band sounds of Frank London's "Oh Hanukkah Groove," or strum along with a slow-driving folk rendition of the classic "Rock of Ages." The hypnotic thrum and Sephardic sounds of "La Mujer De Terah" will entrance you as you watch the candles glow. Alt-rockers They Might Be Giants rock out a plaintive plea for Hanukkah love with their tune "Feast of Lights."
- **6**) Honorable Mention: "Pass the Candle (From Left to Right)" by Michelle Citrin: Another classic holiday tune from this dreadlocked Jewish crooner.



































Michael Cohn and his new dog Hudson frolick on the beach.



Cohns' books inspire kids, benefit dogs

When Lucy, the Cohn family's dog, died suddenly of cancer two years ago, Lisa and her then 4-year-old son Michael wrote a story about their beloved pet to keep her alive forever.

Lisa had started writing about their wonderful Lucy, a golden doodle, to deal with her grief, but when Michael heard what she was doing, he created a full story line that has been published as Bash and Lucy Fetch Confidence. Illustrated by Heather Nichols of Portland, the book won a Mom's Choice Silver Award and was a finalist in the 2013 USA Best Book Awards.

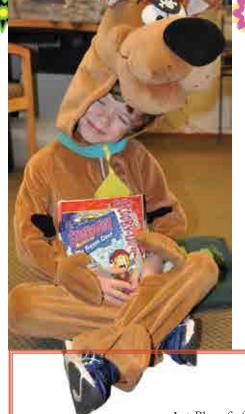
Lucy isn't the only thing to live on in print and audio. The two authors want to instill confidence and other positive traits in their readers, while also benefiting animals.

Now available in paperback and as an audiobook, half of the proceeds benefit the Oregon Humane Society.

At a book release party last year, the book raised about \$300 for OHS. This fall Michael and his friends, Edward, Matthew and Adam Stipkala, read portions of Bash and Lucy at a fundraiser for OHS, along with a group of dog book authors who also read. The event raised more than \$400 for the organization, which helps find homes for dogs from all over the country.

The desire to help others is a family tradition. Lisa's grandmother, Margaret Cohn, z"l, was a cultural and human rights leader who co-founded Planned Parenthood, originally called Maternal Health Association, in Buffalo in 1931. Margaret Cohn held leadership roles in many organizations, including Temple Beth Zion Sisterhood, Jewish Family Service, Brandeis University Women's Committee and Camp Lakeland, where Lisa worked as a camp counselor decades later.

Though the family now has a new golden retriever, Hudson, Lucy still lives on in their imaginations and readers' hearts in Bash and Lucy Fetch Jealousy, due out this month in time for Hanukkah. The two expect to continue the series to teach children about a variety of traits through the adventures of Bash and Lucy.



Michael dressed as Scooby-Doo.

The books and audiobook are available for purchase on Amazon.com

The second book was funded by a Kickstarter campaign, with some of the donors, including a boy and his service dog, featured in the book.

Lisa says they offer the audiobook and book free to elementary schools in the hopes of sharing with young children Michael's enthusiasm for dogs, reading and writing. In addition to the message of confidence in the first book, Lisa and Michael also other teach young kids to believe they, too, can write a book or follow their dreams by using their "screen time" in positive ways.

Michael also shares his passion for books and dogs in an audio blog where he reviews dog books. The Scooby-Doo mystery series is his latest favorite.

Now 6, Michael has been featured on the Today Show, SiriusXM Radio, in Disney's Babble and other media for his love of reading and involvement in this project.

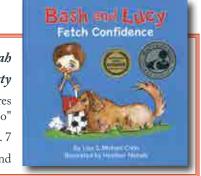
For more information on the books or the authors, or to listen to Michael's book reviews, visit BashAndLucy.com.

Just in time for Hanukkah Bash and Lucy Fetch Jealousy book release party

what: Bbenefit for the Oregon Humane Society with raffle, caricatures and book sales, and performance by kids' musician "Mr. Hoo"

when: 4-6:30 pm Sunday, Dec. 7

where: Sniff Dog Hotel, 1828 NW Raleigh St., Portland





BUILDING FOR THE buture

By Deborah Moon

Participants in the only domestic Jewish gap year program for recent high school graduates are working to alleviate homelessness while they gain social and hands-on skills that will benefit them in college and beyond.

The eight teens in the first cohort of Tivnu:
Building Justice gap year spend four days a week on a Habitat for Humanity building project and one day a week interning with

a service or advocacy group. Recognizing not all Jewish teens seeking a gap year program want to go abroad, Tivnu founder and Executive Director Steve Eisenbach-Budner created this gap year program to give teens the opportunity to work, study and live together as they explore the connections between Judaism and social justice.

The teens are helping build two duplexes and one three-plex in southwest Portland as they learn construction skills from Tivnu construction trainer John Kott. The finished homes will allow seven families to become Habitat homeowners as "partner families." Partner families are selected based on their level of

Tivnu Gap Year

Tuition (Price varies by date paid):

Dec. 15: \$24,870 **Feb. 15:** \$26,870 **April 15:** \$28,870 Financial aid is available.

Options for 2015-2016:

Building Track: Learning and applying construction skills by building affordable housing projects with Habitat for Humanity. Participants also intern one day a week with local service and advocacy groups.

The new Direct Service and Organizing Track: Participants work four days a week with local social justice organizations that align with their particular interests, including affordable housing/homelessness, food security and environmental justice. They will spend one day a week on a construction project.

Tivnu: Building Justice: tivnu.org | 503-232-1864



need, ability to pay and willingness to partner.

"I felt burned out around junior year," says Judah Drelich, from Washington, D.C., who will attend Case Western Reserve next fall. "I felt if I went straight to college, it would be wasted. A gap year is an opportunity to get skills. I wanted to learn construction." That plus a program that follows the Jewish calendar and offers kosher food made Tivnu

a good fit for Judah, who attended Jewish day school through 12th grade.

"I knew I didn't want to go to college right away," says Shoshana Sefia from Las Vegas, where she attended an Orthodox Jewish day school through eighth grade. Having helped build sets for theater in high school, she says the construction aspect of Tivnu appealed to her. "Working with my hands and learning new skills – I really like that."

Nomi Small, from Boston, attended Jewish day school from kindergarten through 12th grade. Next year she plans to attend Dickenson College, but she wanted an alternative gap year first. She has enjoyed past volunteer work on community farms, so she was attracted to the hands-on aspect of Tivnu.

"Every day you see progress; it's very rewarding," says Nomi of the construction work.

Nomi also enjoys her internship at a homeless shelter for families. "I talk with the parents about trying to get into a home. These are good people, who I would never have interacted with in Boston," she says. "Meanwhile I'm here helping build a house. ... I see their needs, and I help people with similar needs."

While the needs are similar, the internships and construction project work within a full spectrum of needs.

Richard Patrych, from New York City, interacts with the homeless clients at JOIN, but he notes, "We are building houses for people with more stable lives. But at any point if something goes wrong, they could become homeless. If they get a Habitat home, they will be more stable."

Another NYC participant, Reuben Dreiblatt, adds, "Many of the homeless have countless other issues before they can get to housing. But I enjoy working with different levels of need."



Baye Miller gets to work with people in the middle of the journey out of homelessness. At her internship with REACH, she plans activities for previously homeless residents who now live in the affordable housing project, but who are not yet ready to buy a Habitat home.

"From being homeless to living with a roof over your head is a big transition, and some stability is important," says Baye, who attended a Solomon Schechter day school and a small Jewish high school in Chicago.

"I like the idea of seeing my potential to make change and see tangible proof of the change – of making a physical impact," she says, adding she also likes to make non-tangible change.

"I wanted to do a gap year, but a lot are very expensive," says Baye, who plans to attend the University of Vermont next fall.

Learning to use tools is a skill that several of the students say will benefit them throughout life. Baye says the skills she has learned will help her be self-sufficient in making repairs when she has a home someday.

Richard, who plans to attend Boston University in the fall, says that it has also been nice to live with a group of young people from different backgrounds. "In our household, we are two modern Orthodox, four Conservative and the rest Reform. That's really helpful. It lets you learn about what other have to say."

Social skills gained living with a group of people the same age are another benefit of the program.

"Group living is definitely an experience; we'll all grow and mature, and it will be good for all of us," says Baye. "Going to college I will already have a grasp on issues and situations that will come up."

Even working outside on rainy Pacific Northwest days, Baye says it's all worthwhile. "My feet may be wet. But I know I'm doing something that will help me grow and that will benefit the people who will be living in these homes."



Support the JFCS holiday campaign!

Mark your calendars and give us a call today.



DECEMBER 14

Mitzvah Menorah Adopt-a-Family

Wranning & Deliver



To participate, donate, or learn more, contact Liz Connor: 503-226-7079, ext. 118 or lizconnor@jfcs-portland.org

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22 DECEMBER 2014 | OREGON JEWISH LIFE

Coping with Grief and Trauma

By Douglass Ruth

Last month, our community experienced the tragic loss of two members. The loss was unexpected and violent in nature. The most vulnerable members of our community, children, were directly affected by the event. Now we must consider our response and how we move forward.

This horrific event brings many important issues to the forefront. Among them are how do we recognize and address mental illness? What steps can be taken to shine a light on domestic violence? How can we better protect children? As we strive to make progress in addressing these vitally important issues, we are also moving through our personal and community grieving process.

We will each experience this loss in different ways. Depending on our own relationship with the victims or connection to the event, the grief we experience will look and feel unique. The loss may be intensely personal for those of us who shared a relationship with the victims. It might manifest itself as a loss of safety or innocence. We all have the right to express grief, as mourning is what allows the individual as well as the community to recover. I am often asked what purpose mourning serves, as it can't "fix" what happened. Indeed, mourning does not make a loss acceptable; it instead provides the opportunity to continue with life.

Grief is not something we are prepared for, especially when the circumstances are unforeseen. When we grieve, we attempt to address thoughts and feelings about our loss. While this process is different for each individual, some common themes arise. As we manage our grief, and join our children in their process, it can be helpful to think about some of these themes.

Elisabeth Kübler-Ross proposed that people universally experience five stages of loss and grief. These are labeled as denial and isolation, anger, bargaining, depression and acceptance. It is important to note that this process is neither

LOCAL TRAGEDY

On Nov. 10, the father of two Portland Jewish Academy students went to the home of the girls' mother and killed her. Later, he took his own life. PJA consulted with Jewish Family & Child Service and the Dougy Center to help staff, parents and students deal with the tragedy.

Close family friends are caring for the children as emergency foster parents. In family court Nov. 12, Multnomah County Circuit Judge Diana I. Stuart said, "The good news is that these children have a lot of loving family." The court planned another hearing at the end of November regarding legal custody.

linear nor finite. One often moves fluidly between these different stages. These stages are also not the only way to experience loss and grief. Grief is personal and people are resilient. We find our own way through difficult situations and feelings. Our personal journey is neither right nor wrong. What is most important when addressing our personal grief, the grief of our loved ones and the grief of our community is that we allow it. Attempting to stymie this natural process only prolongs our suffering. Instead, we must try to be patient with the process, as we cannot put a timetable on grief.

When a traumatic event affects children, our concerns about the grieving response can be especially heightened. One of the challenges of supporting children through the grieving process is accepting that adults and children often manage loss and grief in very different ways. Children do not always communicate their needs openly. To encourage communication, we must take an open and nonjudgmental stance toward the ways a child may respond. Some kids will immediately show concern and want extra attention. They may change play behavior or lose focus on schoolwork. Children may also focus on different aspects of the loss. Children are wonderful at being present in the here and now. This may be at odds with the "adult" desire to explore all possible outcomes and consequences.

What can we do to help children (and ourselves) manage grief and trauma? Open communication is a good place to start. Let children know that whatever their response may be, it is OK. Allowing children to accept their feelings is supportive of their individual process. As for our own actions, it is safe to express our own thoughts and feelings around a child, although we also want to support a sense of safety and continuity. Strong displays of emotions can disrupt this sense. As adults, we are able to model how we take care of ourselves when we grieve. We can demonstrate healthy tools for managing stress and fear. Adults and children are similar in that both are often comforted by a sense of routine.

As we struggle to develop our personal and community narrative around the loss we have experienced, it is a good time to remember that we may need support. Communicating with friends, family or professionals can help. The community response to this tragedy has been immense. None of us is alone. Reaching out for support not only strengthens the individual who asks for help, it also brings us together as a community. The Jewish tradition asks that we come together in times of grief and loss. Through this action, we allow ourselves to take the first step in the process of moving forward.

Douglass Ruth, LCSW, is a mental health therapist at Jewish Family & Child Service in Portland. To learn more about the JFCS counseling program, contact Clinical Director Douglass Ruth, LCSW, at 503-226-7079 ext. 124.

What is the best (material) gift you ever received?



Michael Wynschenk Temple Beth Tikvah

Vacationing in Scotland, my wife arranged for a round of golf at St Andrews with a local pro. As the last group to tee off, we could play our own ball as well as place balls at various spots on each hole to try and replicate famous shots from golf history. I gained an appreciation of how special this golf course really is.



Shaarie Torah Portland My husband, Mitch. took the flowers I carried down the aisle and glass he broke at our wedding in

1973 and had them

put in shadow boxes.

We keep them in our

dining room.



Sandra Oberdorfer OJMCHE Portland My friend Anne knit me a sweater with a beautiful pattern. She guessed my size by eyesight. I thought, "She must really and gave me that. It was very sweet.



April Slabosheski Shoshana Gordon Shaarie Torah Portland Before I moved here. The best material my friends (in Michigan) present was season wrote memories of us tickets to the Blazers. and put them in a jar

NEXT MONTH:

OJMCHE

Portland

know me."

If you could be a member of the opposite sex for a day, who would you be and why? To share your reply, please send your short answer, name, congregation or organization (optional), city and photo to deborah.moon@ojlife.com by Dec. 8.



With The Physical Comedy of Henrik Bothe



5:30 p.m. Preschool and Young Families Party

6:30 p.m. Physical Comedy of Henrik Bothe for all ages

> 7:30 p.m. Teen and Adult Party

\$36 Family / \$12 Individual RSVP Required by December 15

Voodoo Doughnut Cart

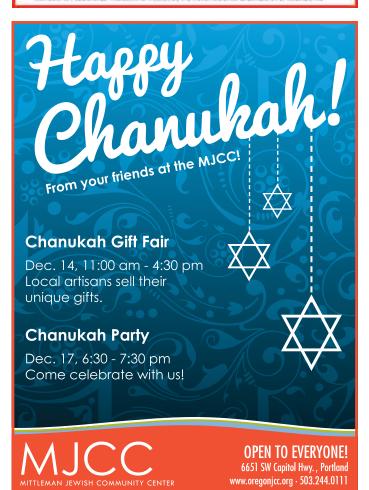
920 NW 25th Ave. Portland, OR 97210 503.226.6131 ~ info@shaarietorah.org ~ shaarietorah.org

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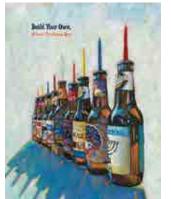


To make a donation or for additional information, call 800.928.0685, or fax 212.303.8018, or email donorservices@hadassah.org. Princeeds go in support the completion of the

Sarah Wetsman Davidson Hospital Tower and count towards your unit's Tower fundraising goal.



The Perfect Gift



HE'BREW

HANUKKAH: Break out the latkes, gelt, Hanukkah candles and He'brew Beer, it's holiday time! Shmaltz Brewing Company rolls out three limited-edition releases straight from their newly expanded brewery in Clifton Park, NY. First up is the debut of Shmaltz's long awaited homage to the eight crazy nights: Hanukkah, Chanukah: Pass The Beer, a dark ale brewed with eight malts,

eight hops, and 8% ABV. Next in line is the anniversary beer, Jewbelation 18 (18 malts, 18 hops, and 12.4% ABV). Last, but certainly not least, the 5th Annual He'brew Gift Pack featuring eight special release Shmaltz beers plus a custom glass, Hanukkah candles and instructions on how to build your own beer menorah. shmaltzbrewing.com



"CHARLIE" LONG SLEEVED T: Lake Oswego resident Rachel Zimmerman, and her business partner, Molly Shaheen, both 28, are featured on Oprah's coveted Favorite Things List for their naked undies "Charlie" long sleeve T. Oprah calls it her "go-to long sleeve tee." A portion of all naked undies sales goes to the Banfield Charitable Trust's "Pet Peace of Mind," providing pet care for those in hospice care. The naked undies line is made in the USA and is ecofriendly. nakedundies.com



BUDSTRAPS – the innovative new way to keep earbuds (and frustration) in place.

A lightweight neoprene strap that sits comfortably on the back of the neck, Budstraps are ideal for runners, bikers and drivers that need one ear open for optimum safety, but don't want the hassle of a dangling bud or tangled cord. Simply clip those favorite earbuds into the strap and instantly simplify any run, ride, walk, workout or gaming session.

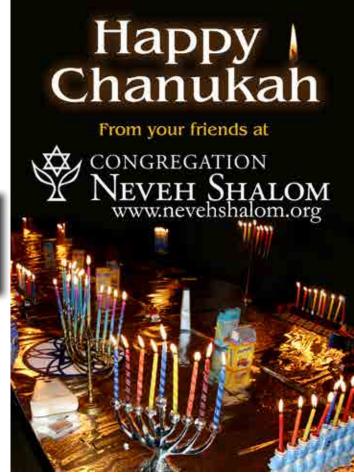
A kickstarter campaign, which runs through Dec. 18, will purchase an injection mold for the BudStraps clips and to help design a lighter sweat-resistant neck band. Those who help back BudStraps will get the product before anyone else at a special price. Budstraps.com/kickstarter

MONKEY LIGHTS BY MONKEYLECTRIC, is the

coolest thing to happen to bicycles since the baseball card in the spokes. The Monkey Light straps to your spokes and displays fun and colorful 8-bit graphics on your spinning bike wheel. It is a rugged, practical, high performance bicycle light that keeps you visible in all weather conditions. Monkey Lights fill your wheels with cutting edge digital light art and is sure to get you noticed at night. So you can be safe, and show off your "wild style" with bright colorful themes designed by electronic artists. The Monkey Light turns your evening bike ride into an instant party.

Available at bicycle stores and REI nationwide, it comes in two consumer styles: the M210 and the M232. monkeylectric.com









By Deborah Moon

When the Portland Chamber Orchestra presents George Frideric Handel's "Judas Maccabaeus" this month, Israeliborn conductor Yaacov Bergman says, "It will take us into our holiday story in a way that portrays Hanukkah vividly."

The PCO, of which Maestro Bergman has been music director/conductor for a decade, will offer four performances of its ecumenical holiday concert featuring selections from the oratorio "Judas Maccabaeus," about the Maccabean Revolt of 167 to 160 BCE, and the Christmas portion of Handel's "Messiah." While the PCO has presented "Messiah" for the past five years, this will be the first time it has presented an ecumenical concert with both oratorios.

"The intent of this holiday concert was to bring the two stories, and the two faith communities, together," says Bergman. "The two stories cover the spectrum of the Judeo-Christian reality during those periods. ... Presenting the two pieces together creates a sense of brotherhood, which is the most profound reason to come to the event – other than the music itself."

The music in "Judas" is so evocative and lyrical that Bergman says Handel "stole elements from himself and used some of the beautiful melodies" in different forms in some of his later work.

While Handel's "Messiah" is perhaps his best-known and most performed work, "Judas Maccabaeus" has been Handel's second most popular oratorio.

"As somebody who loves to conduct 'Messiah' annually, personally and as a conductor, I have come to learn what an artistic masterpiece 'Judas Maccabaeus' is," says Bergman.

"'Judas' tells the story of Hanukkah I grew up with," Bergman says.

Bergman grew

up on an Israeli kibbutz with early musical training in violin and vocal studies. After graduation from the Rubin Academy of the Hebrew University, Jerusalem, with majors in conducting and composition, he moved to New York in 1974 for post-graduate studies at the Mannes College of Music. In addition to his current role at PCO, Bergman is also music director/conductor of the Walla Walla Symphony, the Siletz Bay Music Festival in Lincoln City and the McCall SummerFest in Idaho.

During his career he has consistently received notice as an intensely communicative musician.

He uses that communicative style in his work with PCO, which often fuses music with dance, visual arts

or themes of the calendar as part of PCO's mission to bring inclusive music to the audience. His goal to incorporate the dramatic is especially relevant for presenting Handel's "Judas Maccabaeus," which is much more theatrical than the very liturgical "Messiah."

"'Judas is a magnificent masterpiece," Bergman says. "It has a more theatrical flavor that resembles the operas Handel did before he turned to oratorios. He brings in the characters."

While operas are traditionally sung in Italian or German, the oratorios are sung in English, just one of the features that makes this concert appealing to children as young as 12.

PCO concerts in general are accessible to children, he says, by virtue of the PCO's intimate venues that bring the audience close to the musicians and performers. Since a chamber orchestra has only 28 to 50 musicians, depending on the program, "We have the ability to really connect."

Bergman and PCO President Robert Kingdom hope the ecumenical concert becomes an annual tradition that both communities can enjoy year after year.

HANUKKAH/CHRISTMAS CONCERT

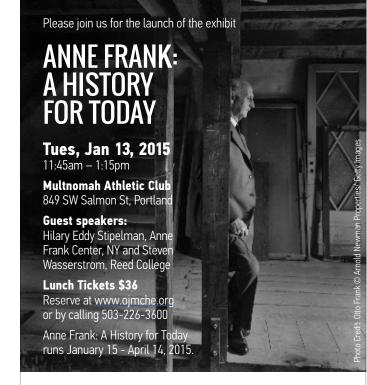
Presented by: The Portland Chamber Orchestra and the Choral Arts Ensemble of Portland Performances: Dec. 17: 7:30 pm at St. Henry Catholic Church, Gresham

Dec. 19: 7:30 pm at St. Matthew Catholic Church, Hillsboro (with the Hillsboro Community Youth Choir)

Dec. 20: 7:30 pm at St. Andrew Catholic Church, Portland

Dec. 21: 3 pm at Agnes Flanagan Chapel, Lewis and Clark College, Portland

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Public notice to the community

Recent ads on buses highlight TriMet's Transit Advertising Policy

In 2011, in a case entitled Karuk Tribe et al v. TriMet, the Oregon Court of Appeals ruled that TriMet's advertising policy violated the Oregon Constitution's "free speech" provision. The ruling was affirmed by the Oregon Supreme Court in 2014. The Court said essentially that, when it comes to the types of speech that are allowed, the advertising space on a bus is equivalent to a public square or sidewalk and that TriMet has very limited discretion in deciding which viewpoints can or can't be expressed there. As a result of these rulings, TriMet is required to permit almost any message in the advertising space on our vehicles.

It is not our intent to create a public forum with this approach but to comply with the law as it has been interpreted by Oregon's highest court. Thank you for understanding.







By Lisa Glickman

My son and I spend a lot of time in the car. Between 7 am and 7 pm I may drive 20-30 miles while schlepping him to and from his various commitments. I don't complain because I know soon he'll be driving himself, and we'll never see him!

My son is quite an accomplished musician, and recently he has become obsessed with vinyl records and classic rock. He is infatuated with the "Classic Vinyl" station on my car's satellite radio, where he listens to vintage artists like Led Zeppelin, Jimi Hendrix and Aerosmith. At the risk of sounding "long in the tooth," this is the music of my youth, and I am well acquainted with the time-honored tunes of this era. While music now is being produced digitally and downloaded instead of pressed onto vinyl and sold in a record store, today's music undeniably borrows many cues from those classics. Food trends are not dissimilar.

While music is composed of notes on a scale and textural sounds, food likewise

comprises flavor notes and textures. The classics may change with time, but the enjoyment of these definitive foods remains the same. Today's talented chefs have the ability to amplify their entrees with their own updated flavors and styles. Some of the hottest restaurants in town are featuring classics such as deviled eggs, fried chicken, meatloaf, house-pickled vegetables and green goddess dressing. Sandwiches, soups, salads, hamburgers, and even macaroni and cheese are showing up on popular restaurant menus updated with unexpected additions and creative changes.

Yesterday's upscale restaurants with white tablecloths and suited waiters are being replaced with casual, sometimes communal seating and ornately tattooed waitstaff serving family-style entrees that encourage shared dining. In open kitchens, chefs force steel to fire in front of diners in an elaborate performance instead of behind closed swinging doors. These innovative chefs collect notes from the classics and update them to reflect the trends of today, resulting in familiar food with deliciously modern pizzazz.

According to the National Restaurant Association's website, the five items that rank highest as waning trends in 2014 are foam/froth/air (thank goodness), bacon-flavored chocolate, fish offal, gazpacho and fun-shaped children's items. Conversely, the five items with the highest points as trends for next year are fried chicken, Italian cuisine, frying, barbecue and Eggs Benedict ... all classics.

With Hanukkah right around the corner, I chose to put a spin on traditional fried chicken. I use boneless thighs because I think thighs are the tastiest part of the bird. Brining the meat pumps up moisture and flavor, insuring a perfect result. Dredging the thighs in a combination of flour, cornmeal and cornstarch adds a perfectly delicate crust. A salad of sweet melon, shaved fennel, julienned apple and briny olives becomes an updated accompaniment. It's tossed in a tangy citrus dressing that cuts through the rich fattiness of the chicken. Add your favorite latkes for an up-to-date spin on a classic Hannukah dinner. Ω See recipes next page.

FIVE ITEMS THAT RANK HIGHEST AS WANING TRENDS IN 2014 ARE

foam/froth/air (thank goodness)
bacon-flavored chocolate
fish offal
gazpacho
fun-shaped children's items





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Pan-Fried Crispy Chicken Thighs

8-10 boneless skinless chicken thighs (about 2

1-2 cups vegetable oil

FOR THE BRINE:

1 cup water 1/4 cup brown sugar

2 bay leaves

½ cup dill pickle juice (right from the jar)

Place brine ingredients in a small saucepan and bring to a boil. Boil for 5 minutes and place in a bowl deep enough to hold chicken. Add 2 cups of ice to chill mixture. Add chicken thighs and cover. Chill for 12-24 hours.

SPICE MIXTURE:

- 2 teaspoons fennel seeds
- 1 teaspoon celery seeds
- 1 teaspoon whole black peppercorns
- 2 tablespoons seafood seasoning (such as Old Bay)
- 2 teaspoons sweet paprika
- 2 teaspoons kosher salt
- 1 teaspoon white pepper
- 1 teaspoon garlic powder
- 1 teaspoon onion powder 1 teaspoon ground mustard

Place fennel seeds, celery seeds and black pepper in a small dry skillet and toast until fragrant. Grind in a spice grinder and add to remaining ingredients in a small bowl. This will make more than you will need for recipe. Store remaining spice mixture in an airtight container for later use.

FOR COATING:

1 cup all-purpose flour 1/4 cup cornmeal

2 tablespoons cornstarch

2 tablespoons spice mixture

1/4 cup honey

A few shots of hot pepper sauce (such as Tabasco)

Heat oil to 375 degrees in a large frying pan. Oil should measure about 1 inch deep. Preheat oven to 350 degrees. Place coating mixture on a piece of aluminum foil and mix well with hands. Remove chicken pieces from brine and dry slightly with paper towel. Dredge chicken pieces in coating mixture, making sure to cover chicken pieces completely. Fry in hot oil until browned, in batches if necessary, about 3-4 minutes per side. Place on a baking sheet with a wire rack and continue to cook chicken in oven for additional 20-30 minutes. Place honey in a small saucepan and heat until boiling. Add hot sauce and remove from heat. When chicken is done, remove to serving platter and drizzle with honey

Sweet Melon, Fennel, Apple and Olive Salad

½ ripe melon (cantaloupe or honeydew) peeled, seeded and sliced as thinly as possible.

1 bulb fennel sliced in half, cored and thinly sliced

2 apples julienned on a mandoline or sliced thin 1 cup mild bright green olives such as castelyetrano, preferably pitted

DRESSING:

Juice and rind of 1 small orange Juice of ½ lemon

1 teaspoon honey

Salt and freshly ground pepper 1/4 cup olive oil

Place melon, fennel, apples and olives in a bowl. Whisk orange juice and rind, lemon juice, honey, salt and pepper in a small bowl. Slowly whisk in olive oil. Taste and adjust seasoning. Toss vinaigrette with salad and serve immediately.

Lisa Glickman is a private chef and teacher who lives in Portland. She has made TV appearances on COTV in Central Oregon and appeared on the Cooking Channel's "The Perfect Three." She can be reached at lisa@ lisaglickman.com.





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Kachka offers excellent Russian cuisine and a story to boot

By Kerry Politzer

According to The Oregonian, Russian-speaking immigrants are one of Portland's largest immigrant groups. Even so, the cuisines of Russia seem to be sadly underrepresented in this town. Fortunately, with the arrival of Kachka, Portlanders can now enjoy classic Russian specialties such as blini, vareniki (dumplings) and ukha (fish soup).



He was convinced that my grandmother was Jewish and wanted to turn her in to the Germans.

One of Morales' most popular dishes is sprat buterbrodi (open-faced sprat toasts), which won the "Judges' Choice" award at this year's Feast Portland Sandwich Invitational. The chef works hard to extract stunning flavors from her ingredients; she house-cures her own pickles and salmon roe. Some of Kachka's dishes are suitable for the vegetarian; there are farmer's cheese vareniki and vegetarian blintzes. The mushroom stroganoff can be ordered without beef tongue.

Morales is passionate both about her Jewish heritage and her restaurant. "This restaurant is a deeply personal expression, and I am trying to honor my family in every aspect," she says. The name "Kachka" holds great personal meaning for the chef; it brings to mind her grandmother, who narrowly escaped death during World War II. Explains Morales: "Along her way after escaping the ghetto, (my grandmother) was stopped by a Starosta – a Nazi-appointed town warden. He was convinced that my grandmother was Jewish and wanted to turn her in to the Germans. She made up some story about being a Ukrainian peasant going

to visit family in Russia. The Starosta doubted her story. He asked her, 'If you're from Ukraine, how do you say 'duck' in

"She was Belarusian, not Ukrainian. The languages have some overlap, but not completely. But she just crossed her fingers, prayed and said the Belarusian word for duck: 'kachka.' It miraculously happened to be the same word in Ukrainian. He begrudgingly let her go. The word 'kachka' is a tie to this amazingly brave woman I am proud to call my grandmother."

Morales, whose first language is Russian, grew up with her parents' Belarusian cuisine. In addition to serving it to her customers, she also aims to offer some of her items via retail. "That's very important to me; I want these foods to be enjoyed at home, around a table of good friends and family. This is the way I came to love these dishes."

For now, diners can head over to inner Southeast and explore one of the most exciting dining experiences in Portland.

Kachka: 720 SE Grand Ave., Portland | 503-235-0059

Kachka opened in fall 2013 to critical acclaim. Headed by Belarusian-Jewish chef Bonnie Morales, the restaurant continues to be one of the Central Industrial District's biggest hotspots. Reservations are hard to come by; walkins often require at least a 45-minute wait. (One way to avoid the hordes is to arrive at 4 pm, when the restaurant

Morales' take on Russian cuisine is creative and elegant. Caviar is served on elongated white plates with overlapping blini, smears of cultured Smetana butter and stripes of chopped chives and sieved hard-boiled egg. A smoked fish plate is a colorful wheel of blood-red smoked salmon, white and black breads, silvery mackerel and pinkish capitaine.

Morales' take on Russian cuisine is creative and elegant.

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Too many cooks can ... make it better

I've taken my share of cooking classes, and I know you are supposed to tuck your fingertips under when you are using a knife. What I didn't understand, though, is how it protects you. Won't you just cut your knuckle off instead of your fingertip? Nope! Not if you do it right! I saw it in a Rouxbe video! I'm going to get some onions and start practicing, rouxbe.com



Currently Ken Rubin, left, helps others get the most out of their kitchen time. By Liz Rabiner Lippoff

When I was 50-something, I participated in the adult b'nai mitzvah program at Congregation Beth Israel.

Then I made a pretty yummy dinner for a few family and friends who had come to celebrate. My daughter, who was in her 20s at the time, said, "Mom! You are a woman now!"

Portland resident Ken Rubin catered his bar mitzvah, too. His was lunch for 140 people. He, however, was 13 years old.

Ken was raised in a foodie family, before it was fashionable. His grandparents owned a farm, and he says, "My grandmother was 20 years ahead of her time in terms of fresh flavors and farm to table." His mother, no slouch herself, brought Ken into the kitchen at a very young age. His parents gave him his first 8" Henckels knife when he was 6. By the time he was 9, he was making multicourse family meals. His high school job was in catering. He cannot remember a time when he was not obsessed

He maintains that when he went to Colorado College, he thought he'd study to be a surgeon because he was so good with a knife. I can't decide if he was pulling my leg or not. In the end, he majored in anthropology and gravitated to studying food in its role as a "cultural phenomenon."

"People talk now about food culture, but it's something deeper and richer than just anecdotes and cookbooks," he says. "People's food is impacted by religion, customs, geography ... I wanted to understand it. Why do we eat one food over another? How do we prepare it and why? How do we teach it to the next generation? How and why do we assign meaning to food?"

Some universities today have food studies programs. New York University was first. Indiana University offers a master's degree in the Anthropology of Food. But when Ken was in school, all he could do was connect with professors who shared his obsession. Fortunately, he met a professor of Mexican descent who was more than willing to be Ken's mentor. Ken travelled a good deal and went repeatedly to a small cooking school in Mexico that his professor recommended. The culture of food and the values that drive it were his focus.

"When we talk about food being authentic or not, we assign a value to it based on our perceptions. It's culturally determined. Taste and smell are the usual senses used to study this. Then people write down what they discover. I tried to develop ways to use photography, interviews and other methodology to study this." In graduate school at the University of Texas at Austin, Ken studied how people learn to cook, but eventually the food itself called out to him.

He spent the next years in a variety of food jobs, including a stint making goat cheese at a raw milk dairy in Texas. There he was tapped by Le Cordon Bleu to help open one of their professional schools locally. "My only experience with actual culinary education was that small school for housewives in Mexico," he says with a laugh. Nevertheless, he not only launched the Texas school but was promoted to become the number two chef/educator for the North American division at Le Cordon Bleu's corporate offices in Chicago. With 14 culinary schools, 13,000 students, 750 chef instructors and responsibility for the Internet marketing portal, Ken was a busy guy.

Ken and his wife, Liz, moved to Portland in 2008 to be near family. He left Le Cordon Bleu shortly after the move, dabbled in consulting, opened and ran the Art Institute of Portland's culinary program, and delved into other kinds of cooking and educating. He became particularly interested in health and wellness cooking for both professionals and ordinary people like you and me. Do you want culinary training because you want to be a better cook, or because you want to be healthier? Either way, where are the holes in the training around healthy food?

Today Ken is the vice president of culinary training for a company called Rouxbe (pronounced roo-bee.) It is a totally online cooking school and resource for cooks of all abilities and ambitions. Users can watch a short video or two, take a multivideo lesson or sign up for a professional certification program. "We are here to build confidence in the kitchen, even if you are scared to boil water," Ken says.

Some videos are posted for free; after a one-time initiation fee, general site content is available for \$5 a month. The site has tens of thousands of regular subscribers in 170 countries and professional certification students in 40 countries. About 10,000 high school students use it to supplement their culinary studies. "Rouxbe has a lot of content packaged and managed, so more serious students can track their progress and participate in an interactive learning community with the support of chefs and other students if they want it," Ken says. The man loves his job.

"People say that people don't cook anymore; they don't sit down at the table together," Ken explains. "We need to fundamentally re-shift our cultural orientation around cooking. If you lived above a Whole Foods and had plenty of money, you could live well and be healthy, but that's not universal. You can, though, save money on your food and on your health when you

"We all like to eat! Cooking is also an incredibly human act: it's joyous and it's a connection to food and to others. If people just did it, they'd discover they like it."

Although Ken and Liz have not been particularly active in Portland's Jewish organizations, they plan to change that. Their sons, Benjamin, 4, and Gabriel, 6, are interested in the traditions and, of course, in the food.

Their 6-year-old is ready for the food part. Gabriel already has his own knife. **P**

Liz Rabiner Lippoff is a freelance writer and a medical marketing consultant. Liz, ink: LizInk.biz.



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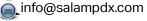
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By Deborah Moon

While Jews can trace their affinity for law to biblical days, two women now serving as legal leaders in Oregon had few female role models when they entered law school in the 1970s.

Oregon Attorney General Ellen Rosenblum and Oregon State Bar Executive Director Sylvia Stevens, who graduated from law school in 1975 and 1981, respectively, both

say female lawyers and women in general have come a long way in the decades since, but they still don't have a "full seat at the table."

Both women consider their posts to be in the service of Oregon residents. The state bar "regulates the practice of law for the protection of the public," says Stevens. Rosenblum says she ran for office to be "the people's attorney general. That means advocating for and protecting Oregon's most vulnerable citizens – seniors, families and kids."

At the Judge Learned Hand Awards Oct. 29, which honored two women lawyers and featured Rosenblum as keynote speaker, Rabbi Daniel Isaak explained Jews' propensity to pursue justice. Calling Abraham the original litigator and God the defendant in the debate over the fate of the wicked cities of Sodom and Gomorrah, Rabbi Isaak said Abraham appealed not just for the righteous but for everyone. "If there are 10 righteous people, all must be saved," Isaak said of Abraham's logic. "He was appealing for society in general. Maybe that's why we have a lot of Jewish lawyers."

Rosenblum also refers to biblical origins: "Justice, Justice ... is part of our DNA and what we learn if we are at all learned in Judaism."

Stevens adds that history contributes to the drive to "do justice and love mercy." She notes that the Jewish experience as a persecuted people over the millennia has contributed to the Jewish quest for justice: "Justice, mistreatment and survival are themes ... As a (historically) persecuted people, we recognize you can't always rely on the good faith of other people."

That knowledge combined with the "law embedded in Judaism" has made the legal profession "a calling. We've had some excellent lawyers and judges throughout history and currently," says Stevens, noting that the Jewish attorneys and judges she had in mind seek justice and protection for society in general, just as Abraham did.

Yet women's entry into the legal profession has been more ecent.

Speaking at the Judge Learned Hand Awards lunch, which was hosted by the Oregon Area Jewish Committee, Rosenblum touched on women, law and equality.

"1972 – the year I started at the University of Oregon School of Law – was *the* first year to have more than a token number of women students," said Rosenblum. "It was as if female college seniors had suddenly taken note that there were virtually no women lawyers, and that perhaps we could do something about



that.... There was this pervasive – and wonderful – sense that the law was the best agent for social change."

At the time there was a dearth of women role models – just one woman on the faculty and one female judge in Lane County.

Women now make up more than half of law school graduates nationally. But Rosenblum says gender bias still exists.

"While women have come a long way from the days I was escorted out of the men's grill, we don't have a full seat at the table yet," says Rosenblum, referring to an incident in the late '70s when her new partners tried to take her out for a celebratory dinner at a Eugene country club.

"As recently as two years ago, as I was completing my tenure on the Court of Appeals, I was mistaken for a secretary by counsel about to appear before me – I guess because I was a woman carrying a pile of briefs in the elevator," said Rosenblum in her address. "Imagine his surprise when a few minutes later, I was one of three black-robed judges who entered the courtroom to hear his argument."

Such unconscious bias can be eliminated through conscious efforts, says Rosenblum, who notes that as one of the pioneering women of the class of 1975, she has been able to blaze some trails toward that goal. For instance, in 1984 she took her newborn daughter, Cate, to eastern Oregon so she could continue to nurse her while prosecuting a case. Judge Owen Panner asked what she needed and made sure she had the time and space needed.

"Although I was fortunate and grateful to have Judge Panner's support of my dual roles (prosecutor and mother) ... I'm glad that Oregon women no longer have to depend on the kindness and understanding of their supervisors – it's now the law that many Oregon employers must provide breaks to accommodate breastfeeding mothers!"

Rosenblum is especially conscious of that law now that Cate is a first-year medical resident expecting her first baby soon. Dr. Cate Meeker Kent and her husband, Dr. Kyle Kent, live next door to Rosenblum and her husband, Richard Meeker. Rosenblum's son, Will Meeker, and his wife, Megan, live in California.

Rosenblum learned the power of negotiation in pursuit of fairness at the dinner table of her youth. The daughter of Louise, a social worker, and Victor Rosenblum, z"l, a law professor who served as president of Reed College in the late '60s, she says her career as a lawyer started early as she negotiated for fairness and equal protection for her younger siblings. She was the middle of three sisters followed by five boys – "a rather large family, especially for a Reform Jew."

"I saw the law as a way to make positive changes," says Rosenblum. "I did not go to law school to make money."

As a child of the '60s, Rosenblum says, "The idea only men make decisions for so many women and children on such



OREGON ATTORNEY GENERAL ELLEN ROSENBLUM

Ellen Rosenblum was elected to a fouryear term as Oregon's 17th attorney general in November 2012. She is the state's first woman and first Jewish attorney general.

When she retired from the bench after 22 years as a state trial and appellate judge, Rosenblum says she did not intend to run for attorney general. But when she got a text from her husband that John Kroger had decided not to seek re-election, it was suddenly clear that was the logical next step in her legal career.

A "proud double Duck," Rosenblum has lived in Oregon since transferring from Scripps College to the University of Oregon to complete her bachelor's degree before entering the UO School of Law in 1972. After graduation she joined a small Eugene law firm, where she soon rose to partner. When U.S. Attorney for Oregon Sid Lezak, z'l, asked her to help open a branch of

the U.S. Attorneys office in Eugene. A year later Lezak learned she was dating Portlander Richard Meeker (who bought Willamette Week in 1983); Lezak, "a good facilitator of our relationship" promptly invited her to join the Portland office, which she did in 1981. During her 10 years as a federal prosecutor, she and Richard had two children Cate in 1984 and Will in 1987.

Active in local and national organizations of lawyers, judges and attorneys general, she has also found time to volunteer in the Jewish community.

She has served on the board of Congregation Beth Israel, where she still sings in the choir. She started CBI's book group, and lead it for 15 years, stepping down last year. "It was a big part of my enthusiasm for bringing in people who might not otherwise connect," says Rosenblum. "A lot of women new to the community would find their place in book group. ... I always loved being the leader; I loved bringing coffee and bagels, and it was a way to get me reading."

Her introduction to the American Jewish Committee was through Emily Gottfried, z'l, with whom she sang duets at the Mittleman Jewish Community Center when Gottfried was the cultural arts director there before she became head of AJC's Oregon Chapter (now Oregon Area Jewish Committee).

She says you don't have to be in shul to learn from Jewish people, and she has learned a lot from talking to Oregon Court of Appeals Judge Rick Haselton, a member of Kesser Isreal.

The Jewish values she has learned throughout her life fit right in with her priorities as attorney general. As attorney general her priorities include advocating for and protecting Oregon's most vulnerable, including especially its families and children, its seniors, Oregonians whose first language is not English, and students who have incurred significant education-related debt.

"If I can help ensure people are protected financially and physically through the work we do at the department of justice, then it's a great job."

"As a society we are starting to realize that men, children and families all benefit when we give women the chance to succeed."

— Ellen Rosenblum

OREGON STATE BAR EXECUTIVE DIRECTOR SYLVIA STEVENS



Sylvia E. Stevens is the executive director of the Oregon State Bar. She joined the OSB staff in 1992. She served as deputy general counsel for 14 years and general counsel for four years before her appointment as executive director in 2010. Prior to joining the bar, Stevens was a partner in a Portland law firm where she had a varied civil practice that included commercial and family law.

Stevens is the daughter of World War II veteran Dr. Zanly Edelson, z"I, and Barbara "Bunny" Edelson. The family belonged to Congregation Beth Israel, where Sylvia attended religious school. She has two sisters and two brothers.

A Portland native, she has lived in Oregon her entire life except for the four years her first husband was in the military. Following graduation from Oregon State University, she worked in retail and office jobs during

continued from previous page

important issues ... was amazing to me. Women need to be at the table in law and in other professions."

"Any difference brings diversity, and diversity is critical," says Rosenblum.

Stevens also chose law school as a way to make a difference and expand diversity.

"I decided law would be a way to do something useful in society and improve women's and children's lives. ... Changes women wanted to see weren't going to happen if we waited for men to do them."

In terms of diversity, Stevens adds, "Women bring in more diverse perspective, which I think results in better justice. ... I think we've increased law firms' tolerance for all types of lawyers." After women got their feet in the door, Stevens says a number of ethnic minorities found a more welcoming environment in law firms.

But both women agree obstacles remain. Though women now make up just over half of law school graduates nationally, they fall behind in terms of earnings and partnership opportunities.

About 35% of Oregon Bar members are female, with the female/male ratio of under-40 attorneys being closer to half, says Stevens.

To meet the challenge for more equality, Stevens says, "Women have to continue into positions of leadership. Because family roles are still mainly traditional, not many women stay on partnership track in law firms, especially in large firms."

Rosenblum's keynote address also addressed that issue: "Women enter the profession at the same rate as their male peers, but fall behind somewhere on the way to the top of the career ladder." She pointed to a national study that reports a 20% gap in pay between the genders after 12 years in the profession. "Men get promoted faster and paid more, and women don't make it to the top of the career ladder in the same numbers as men do."

Oregon's first woman (and first Jewish) attorney general, Rosenblum says that is also reflected in the fact that she is one of only nine women attorneys general in the country. And Oregon has few women district attorneys.

But both Rosenblum and Stevens say there is good news.

"Women have made progress," says Rosenblum, noting the increase in women in middle management and the first female chair of the Federal Reserve, who has pushed society's obligation to promote economic opportunity. "As a society we are starting to realize that men, children and families all benefit when we give women the chance to succeed."

"Increasing numbers of women are making it," says Stevens.

The Judge Learned Hand recipients (see story page 42) are representative of that success. Rosenblum said, "We need more women law partners" like Lifetime Achievement honoree Lisa Kaner and Community Leadership Award recipient Amy Edwards

Stevens says she found that being in a roomful of people honoring the two women was inspiring.

"Lisa and Amy have been able to do it and so has Ellen," says Stevens. "They are wonderful role models for the rest of us."

"Women bring in more diverse perspective, which I think results in better justice. ... I think we've increased law firms' tolerance for all types of lawyers." — Sylvia Stevens

frequent military related moves. The couple were married 19 years.

Her son Jacob Stevens, 28, is a chef at the popular Portland restaurant Beast.

For the past 22 years, she has been married to Alan Newbauer.

A long-time volunteer in professional organizations, Stevens served on the OSB Board of Governors before joining the bar staff and was OSB vice-president in 1991-1992. She has served as president of the Multnomah Bar Association, Oregon's largest voluntary bar, and was a founding board member of the Multnomah Bar Foundation, an organization dedicated to promoting civic education about the rule of law and the legal system.

She has been a member of the American Bar Association Standing Committee on Client Protection and has served two terms on the ABA Standing Committee on Ethics and Professional Responsibility. She serves on the ABA Center for Professional Responsibility's Policy Implementation Committee.



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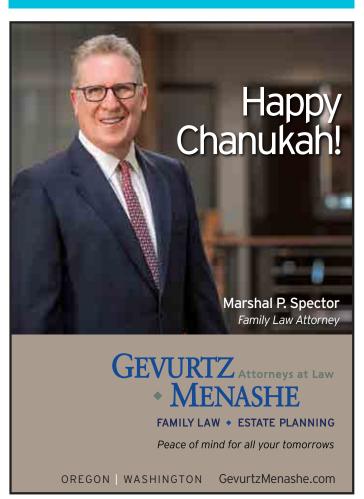
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Judge Learned Hand Awards Luncheon: From left, Oregon Area Jewish Committee Executive Director Joanne Van Ness Menashe, OAJC President Jeff Reingold, Honoree Amy Edwards, Oregon Attorney General Ellen Rosenblum, Honoree Lisa Kaner and event emcee Misha Isaak.

OAJC HONORS TWO FEMALE ATTORNEYS

The Oregon Area Jewish Committee's 2014
Judge Learned Hand Award committee
presented its Lifetime Achievement Award to
Lisa Kaner of Markowitz Herbold Glade & Melhaf,
PC, and its Community Leadership Award to Amy
Edwards of Stoel Rives, LLP.

In addition to being admirable role models as legal professionals who successfully balance career, family and community, both women also have taken significant steps to ensure that women lawyers have the skills they need to succeed.

In 2014, Kaner and fellow Markowitz Herbold shareholder Renée Rothauge founded the Rothauge & Kaner Women's Trial Academy. Sponsored by Oregon Women Lawyers, the academy is the first in Oregon to focus on building trial skills of women litigators.

Edwards is a founding board member of Emerge Oregon, which seeks to increase the representation of women in public office by providing a comprehensive training program for Democratic women. Since its founding in early 2009, Emerge Oregon has trained over 100 women to run for public office and includes among its elected alumnae six members of the Oregon House. She also chairs the Stoel Rives Parenting Circle, which provides mentoring opportunities for lawyers who are or will be parents of young children.

Introducing Kaner at the OAJC awards lunch, David Markowitz said he met her when Judge Owen Panner called in 1988 and told him he was sending over the best law clerk he'd ever had so that Markowitz could meet his new lawyer. "Lisa Kaner arrived and thankfully she was the perfect match," said Markowitz.

Over the past decade, Lisa has obtained multimillion dollar judgments and settlements and defeated like-sized claims. Markowitz ticked off several cases including recovery of hundreds of millions of dollars the Public Employee Retirement Fund had lost to fraudulent activity.

Kaner was also lead counsel in the six-year legal battle that eventually allowed the Oregon Holocaust Memorial to be built in Washington Park. Kaner has been deeply involved as a volunteer with Holocaust-related projects in the state. In 2002, she co-chaired a coalition to bring to Portland the international exhibit, Anne Frank: A History for Today, which was visited by more than 60,000 people. Earlier this year she assisted the Oregon Holocaust Resource Center in its recent merger with the Oregon Jewish Museum.

Asked how she suggests other women balance career, family and community activities, she says, "Focus, be present and don't stretch yourself too thin. Allow yourself one professional organization and one nonprofessional organization, and always do what you say you will do."

Kaner has been a member of Congregation Neveh Shalom for more than 20 years. She has two children: Zoe Edelson, 18, a student at Lincoln High School, and Jordan Edelson, 20, a student at Whitman College in Walla Walla, WA. Her parents, Betty and Larry Kaner, and partner, Peter Glade, attended the awards luncheon.

A partner in the litigation group at Stoel Rives, LLP, Amy Edwards represents clients in complex commercial disputes;

trust, estate and fiduciary litigation; and real property disputes in both federal and state courts. A 2001 law school graduate, Edwards came into the field when she had some female mentors to emulate.

"I went to law school at a time when women graduating were slightly more than half (of the students)," Edwards says, whose parents, Jay and Jane Edwards, are both attorneys. "I look at women in my firm and my community. But we are not nearly done. We are largely starting in equal numbers, but ... (the numbers of women) who make partner are way down. ... Part of that is the demands of life," which is why Edwards says she started the parenting circle at her firm.

Committed to providing legal services to low-income and disenfranchised people, she serves on the boards of Legal Aid Services of Oregon and the Oregon Law Center, and is a prior member of the Oregon State Bar's Legal Service's Program Committee.

Though she is not Jewish, the values of the OAJC and Judge Hand ring true with Edwards.

"As lawyers we are by training both particularly suited to solve problems and willing to question the societal and governmental barriers to equality and justice," she said in accepting her award. She says she is moved by a 1944 speech by Judge Hand in which he said, "The spirit of liberty is the spirit which seeks to understand the minds of other men and women ... and weighs their interests alongside its own without bias."



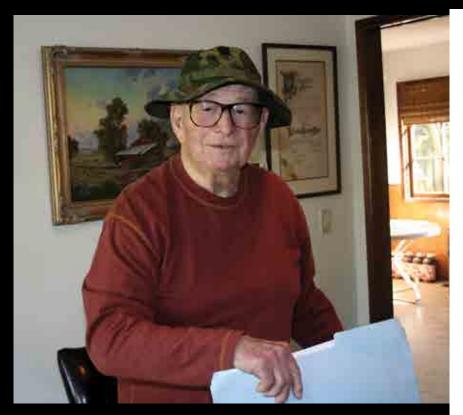
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HERE'S TO THE WOMEN IN OREGON WHO PRACTICE LAW.

Women lawyers in Oregon continue to set the highest standards in our community. Congratulations to Lisa Kaner, recently awarded the Judge Learned Hand Lifetime Achievement award and to Amy Edwards, recognized with the Community Leadership award.



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Leonard Kaufman Jr. at home in Portland. Photo by Polina Olsen

By Polina Olsen

Leonard Kaufman, 87, has plenty to look back on. Born in Portland in 1926, he remembers Depression-era hobo camps, World War II scrap drives and swimming lessons with Mickey Hirschberg at the Jewish Community Center on Southwest 13th Avenue. He reflects on his early Portland ancestors. His grandfather, merchant Isaac Kaufman, arrived in 1858. (The first recorded Jewish presence was in 1849). Most of all, he remembers his father's cigar shop and restaurant, a fixture in downtown Portland for more than 20 years.

"My dad saw Jewish clubs around the country, but there was nothing like that downtown," Leonard says. While many Jewish men belonged to B'nai Brith, Leonard Sr. knew they would enjoy playing cards and doing business in a place "without the veneer of an organized association." At that time, the City Club, Concordia Club and other downtown clubs did not admit Jews. Leonard Kaufman Sr. opened his licensed card room on Oak Street around the corner from the Benson Hotel in 1930. As predicted, success started on day one.

"A lunch counter with 21 stools was on the right; the cigar counter was on the left," Leonard says. "The whole wall was a humidor. They'd climb up on ladders to get the cigars down. In back, the card room had eight tables." The chef worked from the basement kitchen turning out specials like *Arthur Markewitz's favorite: Leonard's Home Cured Corned Beef on Mosler's Rye (Mosler's, of course, referring to Portland's legendary Jewish bakery). During non-Prohibition years, liquor came in bottles they called packaged goods.



Leonard Kaufman (right) and Earl Goodwin in downtown Portland. Photo courtesy of Leonard Kaufman Jr.

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be interested in coming back

to Oregon, she demonstrated

exactly what it was we wanted

to accomplish," Gitelson says.

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familiarity with our campus, that

made it a really easy conversation.

seemed to be a better fit than she

connection began the same way

many students today find their

She began her collegiate

career focused on dorm life and

making friends down the hall, not

searching out the Hillel, until she

tagged along with a group on the

way - through a friend and a leap

Throughout the hiring process,

there was never anybody that

Marx's Oregon Hillel

"To have someone who had

realizations into reality.

karaoke night with the two people

"When Becca said she might

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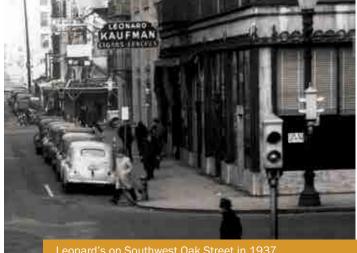
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Leonard's on Southwest Oak Street in 193
Photo courtesy of Leonard Kaufman Jr.

Women rarely entered the restaurant. "The only one I remember going into the backroom was Dr. Ruth Barnett, the famous abortionist," Leonard says. "She came with Hazel Parker, the wife of J.J. Parker, who owned all the theaters."

Leonard Kaufman Sr. was a big man who smoked 28 cigars a day. "He had a routine," Leonard says. "First thing, the chef made him eat whatever he was bringing up. Then he'd go across the street for a shave and manicure, meet Markie Mayor and Al Winters at the Benson, and eat again. When he got back, he'd start the rummy game with Harry the Horse, who worked for him.

"Noon was the most interesting time," Leonard says.

"They cut out the cards, clothed the tables and men ate lunch, schmoozed and hollered. After 1 p.m., the card room was operating. They played Pagani and rummy, but a lot of this was schmoozing. The noise is that backroom was loud."

Leonard Kaufman Sr. made quite an impression according to Oregonian articles. One March 28, 1937, story about a WWI division reunion singled out his service: "Some of Portland's best known citizens and businessmen were members of that unit, and its first cook was Leonard Kaufman. Every living member of the company will testify that he was the poorest cook in the division, if not in the army. He was once confined to quarters ... for throwing his cigar into the soup."

When Leonard Kaufman Sr. died in 1950 at age 55 after a long illness, the Oregonian praised his military service; Masons, Shriners and Congregation Beth Israel affiliation; and his philanthropy. He once started a fund for a local boxer's medical care, and Leonard remembers him closing the restaurant and donating his cook and dishwasher to B'nai Brith Camp each year.

"Leonard was quite a character," says Howard Cohn, who lives in Lake Oswego with his wife, Barbara. "I remember going into the restaurant and telling my dad it was time to come home. The Zells played cards there, everyone did, for quarters, and of course, during the Depression that was a lot of money. Pagani was a great game with eight decks of cards. I wish they played that game today."

UO Hillel expands student engagement with new staffer

By Will Rubin

As students returned to the University of Oregon this fall and reconnected with Oregon Hillel, it's a safe bet that most took note of a new face on campus.

An Oregon native and 2012 graduate of the university's religious studies program, Becca Marx returned to Eugene this summer to lead Hillel's expanded student engagement program.

"I moved to Portland when I was 10, but I consider it my hometown," Marx says. "I was definitely involved in the Jewish community even before I moved to Portland. I would always go to B'nai B'rith summer camp. My big focus was in biblical Hebrew, and I really loved that."

Faced with an ever-growing population of Jewish students
– around 1,600 according to
Executive Director Andy Gitelson
– he and Amanda Weiss, director of Jewish leadership and learning, realized they had maxed out their capacity to welcome more students

while providing the Jewish experience they pride themselves on.

"We had hit the critical point where we were maxed out at about 600 students," Gitelson says. "We would never be able to move far beyond that number and still be able to build sincere, quality relationships with all of our students."

Last December, while attending a conference at the Los Angeles Brandeis-Bardin campus, Gitelson and Weiss reconnected with Marx, who was working for the Hillel at San Diego State University.

Proud of the work Marx was doing as a recent graduate, Gitelson recalls Marx being interested in a position that was still just a hypothetical at best.

Though she'd only recently begun life in Southern California, Marx says she had quickly learned two things about herself: she loved being invested in Hillel's mission full time, and she was an Oregon girl at heart.



Becca Marx

annual ski retreat in Bend.

Marx went on to serve on the Hillel student board her sophomore year before other commitments kept her from as big a role while an upperclassman. Despite her full schedule, she and her friends still found time for Jewish tradition.

of faith.

Her senior year, Marx and six friends rotated hosting Shabbats at their own houses. "Not at all related to Hillel, except we all met each other there. I think that's the success of Hillel – empowering students," she says.

"That's my main goal here," she adds. "Meeting as many students as possible and helping to empower them in a way that's best for them."

Will Rubin is a senior at the University of Oregon with a major in journalism and an internship at Oregon Hillel. A lifelong resident of Eugene, Will has covered the Oregon Ducks for the Oregon Daily Emerald and AddictedToQuack.com, and currently writes for DuckTerritory.com. In the future, he hopes to write for a major metro publication or work for a collegiate athletic department.

46 DECEMBER 2014 | OREGON JEWISH LIFE

Homes with heart are fashionable







By Kira Brown

The home is where the heart is, and each home should have heart!

There's no better designer to express heart-filled joy and visual creativity than Jonathan Adler. The brand that touts "We believe handcrafted tchotchkes are life-enhancing" brings fun to all homes. You can find Jonathan's line in his namesake stores and in major department stores and boutiques.

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WE BELIEVE minimalism is a bummer.

WE BELIEVE handcrafted tchotchkes are life-enhancing.

WE BELIEVE tassels are the earrings of the home.

WE BELIEVE in our muses: David Hicks, Alexander Girard, Bonnie Cashin, Hans Coper, Gio Ponti, Andy Warhol, Leroy Neiman, Yves Saint Laurent and Madonna.

WE BELIEVE in the innate chicness of red with brown.

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WE BELIEVE celebrities should pay full price.

WE BELIEVE in rustic modernism: Big Sur, A-frame beach houses, raw beams and geodesic dome homes.

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Hanukkah in Israel

Hallotti

By Teddy Weinberger

After 17 Hanukkahs here, one thing about the way the Festival of Lights is celebrated in Israel never ceases to amaze me: the total absence of Christmas. In the States, Hanukkah's relation to Christmas is of crucial concern. The more the two holidays overlap, the more that Jews will be celebrating their winter holiday at the same time that the majority of Americans are celebrating theirs. In Israel, Christmas is simply not on the radar screen for most Israelis, and so Hanukkah goes it alone.

Since I grew up in the States and only moved here at the age of 36, I cannot help but think of Hanukkah in relation to Christmas. And so I know that this year Hanukkah is just a little too "early" (beginning on Tuesday night, Dec. 16, and ending on Wednesday, Dec. 24) – and I also know what this means in America. An early Hanukkah is disconcerting to many American Jews. It's sort of like a secret Converso holiday: the Jews are celebrating in their homes while the outside world is filled with anticipation of Christmas. You are wished "Merry Christmas" all throughout your holiday. There are print and broadcast media pieces on Hanukkah, and schools and offices sprout paper menorahs, but these cannot put a dent in the general feeling of Christmas that pervades the outside world.

An early Hanukkah is disconcerting to many American Jews. It's sort of like a secret Converso holiday: the Jews are celebrating in their homes while the outside world is filled with anticipation of Christmas.

As is the case every year, Hanukkah in Israel is always on time. It is never early or late. And while Israeli life is geared toward the Gregorian calendar (so that, unlike Christmas, even knowledgeable Israelis have to do some figuring in order to calculate the first night of Hanukkah), one can gage the date of Hanukkah by the availability and variety of sufganiot (donuts). Sufganiot start making their appearance in October, shortly after the conclusion of Judaism's fall holidays. As Hanukkah nears, donut makers get more ambitious in terms of both quantity and quality – augmenting the traditional strawberry jelly filling with butterscotch, chocolate, halva, and even guava and passion fruit, as well as experimenting with more sophisticated donut coatings (like carob powder or ground brown sugar) rather than the usual powdered sugar.

I have to admit that left to its lonesome, there's some drama missing in a Hanukkah without Christmas. After all, as our prayers remind us, Hanukkah celebrates a Jewish victory of the weak and the few over the strong and the many. The spirit of Hanukkah comes to life more in a country where you have to fight for it, where you have to insist on its legitimate place within the cultural spectrum. This is not to say that life here in the Jewish state is without drama. A number of our Arab neighbors help make life in Israel exciting in a Maccabean way throughout the year. But the Jewish state rather than the Jewish individual is the primary setting for this drama. And the stakes are much, much higher than whether or not to get offended if someone wishes you a Merry Christmas. For my part, I wish you all a Happy Hanukkah.

Teddy Weinberger, Ph.D., writes from Givat Ze'ev, a suburb of Jerusalem just over the Green Line. He and his wife, Sarah Jane Ross, made aliyah in 1997 with their five children. Teddy is director of development for Meaningful, a company that works with Israeli non-profit organizations. His in-laws live in Scottsdale for most of the year.

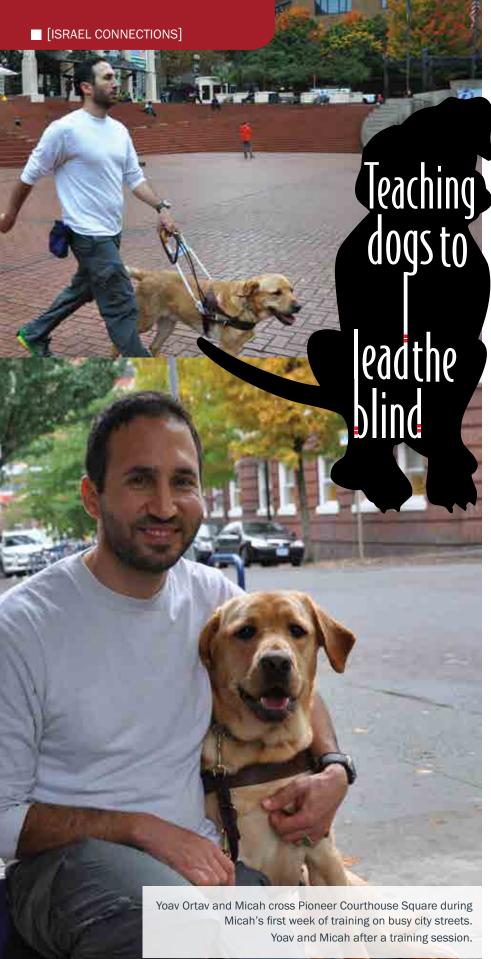




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By Deborah Moon
During a six-month stay in Oregon,

During a six-month stay in Oregon, Israel Guide Dog apprentice trainer Yoav Ortav has learned the latest in positive training modalities.

Five years ago, the Israel Guide Dog Center for the Blind in Tel Aviv adopted the positive training model pioneered at Guide Dogs for the Blind (with campuses in San Rafael, CA, and Oregon). Following his one-year apprenticeship in Israel, Yoav came to Oregon in June to spend six months learning the latest advances in training guide dogs to lead the blind. He is currently working with his second string of four dogs.

Yoav says in Israel, trainers work with dogs for five months before introducing them to their new owners. But in Oregon, after 10 weeks of training, the dogs and blind clients are united for two weeks of mobility instruction for the blind, to teach the clients to work with their new guide dogs. Yoav says he hopes some of the new training techniques he has learned here will help the school in Israel shorten the training cycle, but he doubts they can train dogs in just 10 weeks in Israel.

"Here the streets are more organized," he says. "Israel's streets are more challenging, there are more obstacles."

The guide dog schools here and in Israel breed the dogs for their programs. The yellow labs and yellow lab/golden retriever crosses are given to volunteer families to raise and then returned to the school for further training. After teaching some collar cues and basic obedience, Yoav says the dogs are introduced to the harness.

"To lead is sometimes an issue for dogs," says Yoav.

Yoav grew up in Kamon, a small village near Carmiel in northern Israel. A lifelong animal lover, Yoav had worked for an environmental NGO when he decided he wanted to find a job training dogs.

"I found the Israel Guide Dog Center for the Blind," he says. "I like working for an NGO. All the parts fell into place."

Of his time in Oregon, Yoav says, "It is very beneficial. The school here is way bigger than our school."

When Yoav returns to Israel at the end of this month, he hopes to take a bit of Oregon with him for the benefit of blind Israelis.

Israeli Arab unrest parallels violence surrounding Temple Mount

By Mylan Tanzer

Whether we like it or not, every now and then we get a serious reminder of where we live and how our very normal daily routine of work, school, family, stating our opinion and going wherever we want whenever we want is anything but normal in this neighborhood. Israelis' normalcy is actually an astonishing accomplishment. But just as flooding occasionally hits low regions protected by dikes, Israelis' robust democratic, Western lifestyle, is occasionally disrupted by those determined to do so. When this happens, we are reminded of the high price in human suffering that we pay to live in what is termed "the villa in the jungle."

We had hoped that our "where we live reminder" had reached its quota during Operation Protective Edge. After the 50 days of incoming missiles and the deaths of civilians and so many soldiers, we hoped to get back to normalcy for a few years – at least, until the need again arose to take up arms to protect ourselves.

Complete normalcy in Israel is relative, because the daily threats are always present. These dangers are mostly thwarted, but just like the dikes that allow daily life to continue in low-lying areas, some storms inevitably cause damage.

The new murderous Palestinian fad of running over Israelis at bus and light-rail stops in Jerusalem (with one incident in Tel Aviv) and stabbing those who avoid the oncoming vehicle of death has brought us back to our siege mentality of the second intifada over a decade ago. The recent violent unrest amongst Israeli Arabs, triggered by the police shooting in the village of Kafr Kana of a resident who attacked a police car with a knife, and the Jerusalem violence caused by incitement surrounding the Temple Mount are two ugly and frightening conflagrations running on parallel but separate tracks. The two seem to morph into one immense wave of hatred, giving us once again the feeling of living under siege.

Are we seeing the beginning of another intifada? Most believe it is still too

early to tell, but there is an eerie déjà vu in the air. Alex Fishman recently wrote in Yediot: "The despair for you and your family's personal security takes hold and without waiting for instructions, you already consider whether or not to go to Jerusalem, whether or not to get on the bus, wait for a train or go through the nearest Arab town. If this insanity is not stopped now, we will find ourselves in the same dark days of the second intifada."

The recent round of violence and mayhem began in East Jerusalem (even though its Palestinian population are Israeli citizens, they do not view themselves as Israeli Arabs). The capital has borne the brunt so far of this new Palestinian aggression of striking out at Israelis with a car, van or bulldozer.

Similar to the suicide bomber, the driver in a vehicular attack has prepared to die in the act of murdering as many Jews as possible, revealing yet again the death-worshiping aspect of militant Islam.

When the Wakf Islamic trust overseeing the Temple Mount accused the Israeli police of going deep into the Aksa Mosque, Jordan recalled its ambassador in protest of Israel's purported desecration of the mosque.

It apparently was irrelevant that this "intrusion" was part of an attempt to keep order and track down rioters who regularly hide in the mosque. A large cache of stones, bottles and Molotov cocktails was found in the Aksa Mosque, a stark example of how the borders between worship and faith-inspired violence are blurred in radical Islam.

Insisting on being offended, Jordanian Foreign Minister Nasser Judeh said, "These violations are infuriating the emotions and the sensitivity of 1.5 billion Muslims around the world." Amman said it was reassessing its 20-year-old peace treaty with Israel. So once again, our daily civilian life is on the verge of having to deal with the violent abnormality that has become a fundamental part of today's Middle East.

Not surprisingly, Turkish Prime Minister Ahmet Davutoglu chimed in and called on "the world and the Muslim community to protect al-Aksa Mosque" and termed any Israeli presence on the Mount as "utter cruelty."

Those who perpetrated the violence on the streets of Jerusalem and made threats in diplomatic channels pretended to be oblivious to the clear messages issued by Prime Minister Netanyahu on nearly a daily basis that the government has no intention of changing the "status quo." Since the Six Day War, Israel policy prohibits Jews from praying on the Temple Mount and gives Muslim authorities full custodian rights, while Israel retains security control.

As I write this in mid-November, Netanyahu and PA President Abbas flew to Amman to meet Jordan's King Abdullah and John Kerry and jointly call for an end to the violence and incitement around the Temple Mount issue.

Netanyahu again assured the leaders that Israel did not intend to change the status quo on the Mount. He also told the King that Israel respected the Jordanian monarchy's role as custodian of the Muslim holy places in Jerusalem, including the Aksa compound. It should be pointed out that Abbas refused to participate in the meeting with Netanyahu.

A recent Jerusalem Post editorial concluded: "By no stretch of the imagination can the desire of a few Jews to pray at what they believe to be the holiest site in the world be construed as justification for violence, for scrapping a mutually beneficial peace treaty, for downgrading diplomatic ties, for rioting. If anything, the senseless and murderous violence directed at random pedestrians reveals a depraved religious mentality;

the hypersensitivity to real or perceived insult belies a supreme insecurity and a proclivity for playing the victim."

Israel's 1967 decision to forbid Jews from praying on the Temple Mount in order to keep the peace has, ironically, made the issue a lightning rod that right-wing politicians and activists take advantage of by using their right to visit. They should agree to temporarily forgo this right to visit the Temple Mount, and hopefully refrain from statements and actions that might escalate tensions.

But make no mistake, ultimately it is the religious and ideological fanaticism of a large swath of the Muslim world that is fueling the unrest and the violence. No amount of explaining and reassuring will change this sad fact.

And here lies the link to the rioting amongst Israeli Arabs. In the weeks preceding the Kafr Kana police shooting, with the Jerusalem violence in full swing, there was no unrest in the Arab towns and villages of Israel. Only after the incident in Kafr Kana did all hell break loose in Arab areas, although video from the incident clearly shows the victim attacking the police vehicle and threatening the policemen.

While Israeli Arabs are full citizens and enjoy a standard of living and freedom almost completely unheard of in the Arab world, more can be done to reduce the discrepancy in resources and infrastructure between the Jewish and Arab sectors and to fight discrimination. Therefore, while the Kafr Kana incident might be a kind of Israeli "Ferguson, Missouri" issue, it quickly became something much less justified and far more sinister.

As in Ferguson, the spark that lit the rioting was the claim of discrimination and that the police are trigger happy. But very quickly, the demonstrations turned violent with rocks and Molotov cocktails, and attacking security personnel and civilians. Demonstrators were not calling for social and economic equality, but egged on by Israeli Arab MKs, instead called for eliminating the State of Israel and replacing it with a Palestinian state. And of course, with more than two decades of incitement by "The Northern Branch of the Islamic Movement," a popular Israeli Arab political movement

with a one-issue platform, to fight Israel because it is supposedly trying to destroy the Al-Aksa Mosque, the rioting quickly took on the slogans of the Jerusalem disturbances, accusing Israel of trying to end Muslim control on the Temple Mount. The Kafr Kana incident was easily manipulated by the Northern Branch as the spark to light the fire they have been trying to kindle for years.

Regarding the Temple Mount, the incitement of the Palestinian Authority is a well-documented danger. But the Israeli Arab incitement has the potential to lead to a violent revolt by Israeli citizens.

There are three reasons behind the recent violence in the Arab Israeli sector. First, a complete disrespect for the rule of law as represented by the state. Second, the incitement mentioned above and third, the newfound admiration amongst West Bank and Israeli Palestinian youth for ISIS.

Fishman said: "The fundamental

resentment of Israel, together with their feelings of discrimination, justified or not, feed the growing hostility behind the riots Feelings of discrimination need to be dealt with but cannot be solved overnight. But the feeling of lawlessness must be resolved immediately and forcefully. This includes jail sentences for the perpetrators and those who are responsible for inciting the violence. Terrorists who kill innocent victims must have their homes blown up (a measure used only against West Bank terrorists until now). ... This is no routine police operation. This needs to be the defining mission of the police, in tandem with the Shin Bet (State Security Service) with one goal in mind: a return to law and order in those areas within the Green Line that think they can cut themselves off from the state and that spawn potential terrorist murderers." He concluded, "These are all short-term measures to stop the anarchy in its infancy. The long-term solution lies only in dialogue between equal citizens with the aim of resolving perceived discrimination between sectors."

So once again, our daily civilian life is on the verge of having to deal with the violent abnormality that has become a fundamental part of today's Middle East. With virtually every Arab country in some sort of upheaval, and ISIS

continuing to build its caliphate of death and destruction, this is bound to impact Israeli Arabs as well as Jerusalem. I guess it's not too surprising that these periods of abnormality are liable to occur more often. None of us want to go through this again, and most of us are willing to make sacrifices to achieve a two-state solution that will not gravely threaten our existence; but with the madness currently running rampant in our region, we cannot put our security in anyone's hands but our own. There is no room for error. If the price of not risking our existence is that we have to go through siege periods, then it is unfortunate but so be it. This is the price of being a Zionist in the Middle East

It is difficult not to be enraged as more violence results in the death of innocent Israelis going about their daily business. No matter what we do or say, how much land we withdraw from or how many settlements we dismantle, many feel the fundamental problem in our region is the continued refusal of the Palestinians to accept the existence of Israel. It seems clear that a solution to the conflict will not be reached only by resolving borders or water rights, or by redressing social and economic grievances.

The fact that our current ruling coalition seems to be on the verge of shattering, with new elections looming, is not helping to stabilize the situation.

I am cautiously optimistic that this current round of violence will not spiral out of control, because if it does, both sides lose. But the world needs to stop reinforcing Palestinians' incessant claims that they are the constantly insulted victims who do not need to stop incitement. If this doesn't happen soon, then the abnormality of living our daily life under siege will sadly become the norm, and then today's violence will be almost a fond memory.

Mylan Tanzer is a Portland native who moved to Israel in 1981. He was the founding CEO of the first Israeli cable and satellite sports

channel. Since 2005, he has launched, managed and consulted for channels and companies in Israel and Europe. Tanzer lives in Tel Aviv with his wife and five children. He can be reached at mylantanz@gmail.com.





By Geoffrey Owen

In September I traveled to Israel for a Port Security Educational Seminar sponsored by the American Israel Education Foundation, the charitable organization affiliated with the American Israel Public Affairs Committee. It was my first opportunity to travel to Israel, and, in addition to professional development relating to port security, I was interested in experiencing the situation firsthand given the United States' long relationship with Israel and its people.

I came to Israel with the typical American pragmatism of, "Well I shall finally get an understanding of what is happening, and then I shall be able to formulate a solution in my mind of how the problem could be solved."

Pragmatism soon became a realization that the situation is extraordinarily complex. Complex in terms of understanding the significant and continuing presence of the Jewish people in the Holy Land through the pre- and post-Zionist aliyahs, the legitimate establishment of the State of Israel under the principles of international law and the subsequent defense and

maintenance of the nation in armed conflict throughout the second half of the $20^{\rm th}$ century. This had to be compared with the story of Palestinian Arabs, who possess a different narrative regarding who has been in Israel and to whom it belongs.

I think one has only to come to Jerusalem to understand the hope democracy promises for all. I saw many races and religions coexisting in relative peace. I confess the presence of the security barrier was a troublesome reminder of the price paid by those seeking to adhere to democratic principles, but who are terrorized from within their own population. I was struck that Israel recognizes that the barrier is not a desired solution, but it is a reasonable solution when balanced against the efforts to ensure opportunities for those who reject violence to cross the barrier and participate in the nation's economy.

What I observed at every location we visited, whether a civilian security establishment or an IDF facility, was the youth of the nation serving. This leads to a direct connection and interest in the nation through their service. I was particularly

struck by the universal experience of national service in one capacity or another among citizens both young and old, and how it created a common bond, dialog and investment in the nation. This bond was plainly apparent in all the people I met. Whether they were involved in government or the private sector, they all shared this purpose in the life of the country.

Israel's commitment to democratic principles sets it apart from neighbors who have not made the transition to democracy and continue to rely on suppression, dogmatic application of religion and violence to achieve social stability. Certainly, Israel cooperates and collaborates with its international partners to defend its sovereignty. However, such efforts would not be possible without the commitment of a democratically elected government committed to carrying out the will of the electorate.

I think it is imperative for anyone seeking to understand the situation that Israel faces to make direct contact with the country and its people in a substantive way. If people are unable to make the journey, there are a variety of ways to become

educated about the current situation and the long history that has led to this point. Whether through contact with people from Israel or through study of legitimate educational sources, all Americans should be familiar with the situation, should make their own educated decision about our country's relationship with Israel and then should participate in our democracy accordingly whatever their opinion. It has become vogue in America to equate democracy with a disassociation from any form of government and a concerted effort to ensure government's influence is reduced to the absolute minimal influence in the life of the individual. What Israel shows us is that government – democracy – is a pact and partnership between the people and the institution and that each is codependent on the other; each requires the robust and deep interaction of the other to ensure continued progress toward peace and the maintenance of each person's individual freedom and well being.

The recent war was still extraordinarily fresh in the minds of all of the people we visited. This, combined with the brief amount of time since the cease-fire, caught Israelis at a unique moment. They were able to communicate the fear and uncertainty during the indiscriminate rocket attacks, their faith and support in the government action to bring the attacks to end, and an ability to reflect on their place as Israelis faced with the continuous fear of attack, if not from Gaza, then perhaps Syria and the conflict there. I was struck by the resilience of the people and their commitment to life and liberty, particularly in the shadow of such uncertainty, danger and loss of life. In the United States it is not uncommon to hear that freedom and democracy are hard work. In Israel these words rang true; due to the recent war I felt able to understand how committed and dedicated the Israeli people are to the principles on which their country was founded.

I feel I now have the foundation to understand Israel, its people and what they are achieving in a beautiful land for all citizens, Jewish and non-Jewish alike. We in the United States faced analogous challenges in our early history, and I feel a new affinity for a country hacking out and realizing a democracy in their own unique "wilderness."

I note finally that recent events in Jerusalem again test the Israeli people and government. I hope for continued restraint from all quarters and a repudiation of terror. It is time for all legitimate parties seeking a solution in accordance with international law to reject terrorism and indiscriminate violence. Friendship, partnership and collaboration are crucial. Friends will not always agree, but a special relationship based on respect and trust that will seek and achieve common goals of peace and coexistence in the region is my hope ... and that those who are willing to fight and sacrifice for peaceful democracy are welcomed to join in partnership with Israel and the United States in these endeavors.

Geoffrey Owen is marine security manager for the Port of Portland.

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Ask Helen

Germs are part of an engaged life

A Nosh of Jewish Wisdom:

A wise man

understands a hint;

a donkey

needs a fist.

Dear Helen:

What's contagion etiquette during flu season? I'm talking about people who show up at parties, bridge games or sporting events dripping and sniffling, and then get offended when others who are healthier ask them to wear a mask, wash their hands or go home. To be very clear, I am not a fanatic nut about Ebola (though I think we, as in we The West, should be doing much more to combat its spread in Africa). I am talking about simpler diseases like the common cold or the flu, which can cause loss of a workweek to aches, sneezing and chicken soup, and be even more harmful to the elderly and those with chronic conditions. I know people can be contagious without being symptomatic, but am I being too cautious when I hear people say "I'm not contagious" and don't want to believe them? Who should go home, them or me?

Healthy and Want To Stay That Way

Dear Healthy:

Short of walking around in a hazmat suit, you have no guarantee that you won't be infected in the grocery line, at the hairdresser, at work or in synagogue. In the years I have been a High Holy Days greeter, I almost invariably have gotten a cold. But we're all exposed to those contact realities that a life of engagement with others imposes. You could choose to live at home in a bubble, but you'd be a pretty miserable recluse and likely tire of it quickly.

Get used to speaking up when you invite people to your house and when you accept invitations to other people's homes. Talk to the organizers of every place you frequent, from your health club to your human resources department. Ask what their sick policy is re informing people before they show up or asking them to leave if they are clearly symptomatic. Ebola or not, everyone is more aware of contagion in fall/winter than in summertime. People with children (cute, but traditionally germ disseminators) may accept a level of contact illness that comes from undeveloped immune systems sharing every "it" that goes around. But adults who know better have an obligation to set the bar higher. If you will accept the ire of those who will insist they know their own bodies better than your caution suggests, go ahead and sing your "Put on a mask!" song loudly. Otherwise stay home and stay well.

PS: Get your flu shot!

Dear Helen:

After lecturing my children for decades about the importance of thank you notes, I managed to mix up the cards from my own gifts. In small defense, we held a massive family reunion/Thanksgiving/early-Hanukkah party. I was the hostess of the 30-plus person melee. Three and a half generations (my daughter-in-law is pregnant) gifted three nights. The punch line: several gifts not tied to a specific donor remained here, so were clearly meant for our brood. I am chagrined at not saying thank you. Is there a polite way out of this mess?

Tired, Dazed and Confused

Dear Confused:

You could just tell the truth. You might end up with humble pie on your dessert plate, but others will appreciate your selfdisclosing honesty, a great gift for all the generations.

The alternative: send a collective love note to everyone involved in the reunion. You can send it via email, Facebook group or snail mail. Include great photos of the gathering. Say you're breaking one of your own rules about individual thank you notes to share with everyone how much you appreciated the bounty that you shared, emotional as well as material. Reference some anecdotal moments, cite the beauty of the gifts (without attribution) and perhaps even share a treasured family recipe.

Make the letter schmoozy and warm. Convey love, appreciation and a sense of holiday good cheer so joyous and embracing that no one will notice that you didn't send individual notes.

PS: Next year, keep a notepad handy for folks to track gifts as you open them.

A resident of Eugene since 1981, Helen is a member of Temple Beth Israel, where she studies and speaks on Torah. Please email your questions to helen@yourjewishfairygodmother.com and subscribe to the blog at kabbalahglass.com/blog/









ROARING 20s – Gala co-chairs Ronnie and David Malka got into the 1920s' theme of this year's Jewish Federation of Greater Portland Gala Oct. 25 at Pure Space. The Malkas were joined by co-chairs Susan and Barry Menashe, pictured with their son, Jordan. The crowd of more than 250 had "A Night of Roaring Good Times." Photos by One Click Studio PDX



IMPACT OF CHOCOLATE – Attendees at this year's women's Impact event were offered ample opportunities to indulge in chocolate. Impact chair Naomi Leavitt and speaker Rabbi Deborah Prinz, author of On the Chocolate Trail, enjoy the Women's Philanthropy dinner at the Mittleman Jewish Community Center Nov. 13. Others braving the ice storm to attend included, from left, MJCC Program Manager Laurie Fendel, Toby Blake and Jemi Mansfield. Rabbi Deborah Prinz shared the connections between Jews, religion, history, travel, rituals and recipes with the magic of cacao.

NATHAN FENDRICH'S VETERANS DAY – On Nov. 11 about 150 people attended a multimedia slide presentation by Nathan Fendrich to commemorate the 100th anniversary of World War I's First Battle of the Marne. Fendrich, himself a veteran, speaks annually at the Veterans Memorial Building in Eugene. Fendrich, now 80, began presenting shows upon his return from Israel as a combat photographer with the Israel Defense Force in the Yom Kippur War. Over the past 40 years his work has grown to a massive collection of more than 50 unique slide shows comprised of over 15,000 slides with thematic music and commentary. Areas of focus include the Holocaust, the Romany, World War II and The Great War. Fendrich presents upon request. He can be reached at nbf6644@yahoo.com.





HERO – Sasson Reuvan speaks to a crowd of about 60 people including from left, Cedar Binder, Simi Mishulovin, Mushka Wilhelm and Sarah Rosenberg-Brown, who braved a Portland ice storm on Nov. 13. Reuvan spoke about his experiences as the second Israeli commando to put boots on the ground in Entebbe in 1976 to rescue passengers on a hijacked jetliner. The program at the Portland Doubletree Hotel was organized by the Chabad Houses of Northeast, Southeast and Southwest Portland.

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MAGIC AT BETH ISRAEL - Magic was in the air and under the Dome at Congregation Beth Israel Oct. 18 when Master Illusionist Shimshi took to the stage for a dazzling display of mental marveling before a spellbound crowd of over 200. "The Magic is Here" was the theme of Beth Israel's fall fundraiser, chaired by Drs. David & Tiffany Goldwyn, and the event certainly lived up to its name. Beginning with a sumptuous cocktail hour and supper, generously underwritten by sponsors Harold and Jane Pollin and catered by Al Fresco/Sheraton, the evening featured upclose acts of prestidigitation and sleight of hand as Shimshi worked his way through the crowd. Cantor Ida Rae and Rabbi Michael Cahana join a stilt-walking entertainer to welcome arriving guests at the doorway to Schnitzer Family Center. Fundraising was well above the projected \$100,000 mark, thanks in large part to a matching challenge gift from the Harold & Arlene Schnitzer CARE Foundation.



BLAZERS AND MACCABIS - Leroy Hickerson #23 handles the ball against the Portland Trail Blazers on Oct. 17 at the Moda Center Arena in Portland. The Maccabi Haifa basketball franchise, "Greens," is one of the top Israeli professional basketball teams. The team's "Haifa Hoops for Kids" charity program, a joint initiative with the Jewish Federation of Greater Metrowest New Jersey, has hosted over 20,000 underprivileged and special needs children in northern Israel at Maccabi Haifa games over the last five seasons. (Photo by Sam Forencich/NBAE via Getty Images). Attendance at the Trail Blazers Preseason game against Maccabi Haifa was well represented in the Jewish community including folks from Oregon Area Jewish Committee, local synagogues and more than 35 members (shown here) of Greater Portland Hillel's and Portland State University's CHAI (Cultural + Historical Association for Israel). Photo submitted by Adina Henderson









THE LIFE YOU WANT – Portlanders Gloria Hammer, left, and her daughter Jordana Levenick enjoyed an Inspirational weekend together Nov. 8 and 9 in Seattle at Oprah's The Life You Want event, which drew 10,000 people. Visiting former Mittleman Jewish Community Center Executive Director Lisa Horowitz at her new home in Seattle made the weekend even more special for Jordana, the MJCC operations manager.



STAR ENCOUNTER – B'nai B'rith Executive Director Michelle Koplan hangs with Scott Wilson "Hershel" from the Walking Dead. Koplan met Wilson at the Boston airport (Nov. 3) on her way home from the Harold Grinspoon Foundation's JCamp 180 Conference.

NETWORK: PDX - It's a tough job market out there. To address the many challenges facing fellow congregants as they navigate the changing landscape of employment, the Sisterhood and Brotherhood of Congregation Beth Israel in Portlandhosted Network: PDX. The goal of the event was to to build a bridge to the professional world and to promote an even greater sense of community within CBI. Over 75 people attended the event, which included a presentation on LinkedIn, and plenty of time for congregants to connect. The event was a success! Network:PDX attendees along with Rabbi Rachel Joseph, far right.



READING – Susan Winkler read from and discussed her first novel, Portrait of a Woman in White, Nov. 4 at Annie Bloom's Books, an independent book store that has been in Multnomah Village 36 years. Winkler's novel explores a French family who avoids the camps but must deal with the loss of love, life and art during World War II. The Portland writer previously wrote four editions of The Paris Shopping Companion.



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Committee member Michelle
Minch showcase balanced,
accurate curricular materials on
Israel and the Israeli-Palestinian
conflict at the Northwest
Conference on Teaching Social
Justice at Madison High School.

■ [CALENDAR/DECEMBER]

Dec. 2

Israeli Folk Dancing. 8 pm every week on Tuesday in December. Cafe Shalom 7045 SW Taylors Ferry Road, Portland. Contact Allison Victor: 503-314-1567 or allisonvictor@comcast.net

Dec. 4

Boker Tov Portland: Jewish Learning for the Young at Heart. For those 65 or older. 9 am bagel breakfast and Torah with Rabbi Josh Rose at Congregation Shaarie Torah, 925 NW 25th Ave., Portland. \$3. 503-226-6131 or cst@shaarietorah.org

Indoor Playground with Chai Baby and PJ Library.

10 am-noon, first Thursday every month at the
MJCC. 503-245-6449 or caron@jewishportland.org

Dec. 6

Camp Solomon Schecter 60th Anniversary Celebration. 6 pm in Bellevue, WA, at The Hilton Bellevue, 300 112th Ave. SE. 206-447-1967 or development@campschechter.org

Dec. 7

Portland Jewish Academy Auction. 4:30-9 pm in the MJCC Ballroom, 6651 SW Capitol Hwy., Portland. 503-244-0126

Klezmer and All That Jazz. Musical event featuring the Eric Stern Trio. 1:30-3 pm in Zidell Hall, Rose Schnitzer Manor. Free, but RSVP: 503-535-4004

Congregation Kol Ami Hanukkah Extravaganza. 10 am-4 pm at Kol Ami, 7800 NE 119th St. Vancouver, WA. Shop for holiday items, cards, and hand crafted gifts, plus food and beverages. Free. 360-896-8088

Hanukkah Fair at Shaarie Torah (920 NW 25th Ave., Portland). 9 am-4 pm. Food, friends and gifts galore. 503-226-6131 or cst@shaarietorah.org

Boker Tov Bunch playgroup. 9:15-10, Feldstein Library at Congregation Neveh Shalom, 2900 SW Peaceful Lane, Portland. Free. Repeats Dec. 14. Enjoy wonderful books, play and sing songs. Snack provided. kgoldhammer@nevehshalom.org

Book Release party for Bash and Lucy Fetch Jealousy. Benefit for the Oregon Humane Society with raffle, caricatures and book sales, and performance by kids' musician "Mr. Hoo." 4-6:30 pm at Sniff Dog Hotel, 1828 NW Raleigh St., Portland. bashandlucy.com

Dec. 8

Reading the Jewish Experience: Willa Schneberg will read from her recent collection, Rending the Garment, and members of the "Writing the Jewish Experience" workshop will read their work. 7:30 pm at OJMCHE. Members free; nonmembers \$5.

It Takes A Village: Support group for families caring for elders. 7-8:30 pm at Rose Schnitzer Manor, 6140 SW Boundary St., Portland. RSVP: 503-535-4004 or deborah.elliott@cedarsinaipark.org

Dec. 9

A Clear Choice for a Better Future: A Discussion on the Israeli-Palestinian conflict with Jeremy Ben-Ami, executive director of J Street. 7 pm at the MJCC. Free. Portland@jstreet.org

Mandelbrot bakeoff. 6:15 pm at the MJCC. Enter your best Mandel bread in this fun contest or vote for your favorite. Non-kosher kitchen entries accepted. Entries due 6:15; Judging/tasting: 6:30-7:30 pm. 503-535-3617 or LFendel@OregonJCC.org

The 8th annual Sephardic Winter Film Series continues with "Live and Become," the magnificent, epic story of an Ethiopian boy who is airlifted from a Sudanese refugee camp to Israel in 1984 during Operation Moses. Films screen every second Wednesday through March at 7 pm at Congregation Ahavath Achim, 3225 SW Barbur Blvd., Portland. Free. Film, speaker and Sephardic dessert. Info: David 503-892-6634

Dec. 10

Bistro Night at the J. 6:30-7:30 pm at the MJCC. Connect with friends while enjoying live music in the Cafe at the J. 503-535-3617 or LFendel@ OregonJCC.org

Is It All Bad News? Israel and the International Media with Col. Miri Eisin. Is Israel really losing the PR war? Should Israel have a different approach? 7-9 pm at the MJCC. Free, no RSVP. info@ jewishportland.org or 503-245-6219

Dec. 13

Jakob Kryszek receives the 15th Rabbi Joshua Stampfer Community Enrichment Award. 6:30 pm at Birnbach Hall in Congregation Neveh Shalom, 2900 SW Peaceful Lane, Portland. \$60. 503-246-8831 or Nevehshalom.org/our-community/ community-enrichment-award

Dec. 12

Open House at Gan Shalom Collaborative Preschool. New location, Foster Village, 4709 SE 64th, Portland. Prepare for Shabbas with a child-friendly activity, feed the ducks, and tour the urban permaculture farm. Gan Shalom is an earth-based, inclusive and participatory Jewish preschool for children ages 2½ to 5 on 9:30 am-1:30 pm, Tuesday and Thursday. 503-272-1452 or director@ganshalomportland.org

Friday night community Shabbos dinner. 6:30 pm in Hollywood neighborhood. 503-309-4490 or Chaim@ChabadOregon.com

Dec 14

Soul food-a deeper understanding of the purpose of kashrus by Rabbi Dov Chastain and Tuvia Berzow. 7:30 pm at the Portland Kollel, 6688 SW Capitol Hwy., Portland. \$5 includes materials and light refreshments. 503-245-5420, ext. 613

Hanukkah Gift Fair at MJCC. Gifts by local artisans for sale 11 am-4:30 pm. 503-535-3617 or LFendel@OregonJCC.org



Hanukkah Party for all Pack 739 Jewish Cub Scouts. Members and their families, and any interested members of the community in grades 1-5 or ages 6-11. 1-3 pm at Portland Kollel, 6688 SW Capitol Hwy. Portland. 503-432-1135 or iris.cox@gmail.com

Mitzvah Menorah Adopt-a-Family wrapping and delivery. For time, location: lizconnor@jfcs-portland. org or 503-226-7079, ext. 118

Dec. 16-24

Hanukkah begins at sunset Dec. 16. In addition to Hanukkah events listed below, check out Hanukkah highlights pages 18-19

Dec. 17

Celebrate the second night of Hanukkah with friends, new and old at the MJCC. 503-535-3617

Dec. 17-21

Ecumenical concert by Portland Chamber Orchestra. Handel's Messiah and Judas Maccabeus. See story page 28

Dec. 18

Sundae Cycles: Hanukkah. Follow the Jewish calendar with series of holiday dessert pop-ups in Northeast Portland. Light candles, spin some dreidels and enjoy delicious latkes with ice cream. \$25. Location provided with reservation. RSVP: info@morgansttheater.com

Dec. 19

The Great Hanukkiah Challenge and Hanukkah dinner at Beit Haverim. 6 pm. RSVP required: beithav.org

Dec. 27

Post Holiday Recovery Party. 6-9 pm at Congregation Kol Ami in Vancouver, WA. Comfy food, comfy attire, and a comfy time ...silly slippers optional! Adults only, bring some comfort food to share, and we'll provide a comfy cocoa bar plus other beverages. Child care available with RSVP. RSVP: kawrj 18@gmail.com

New Years at noon at the MJCC. Join us to count down the New Year at noon. Fun for all ages!

Free. RSVP: oregonjcc.org/rsvp

Add events to our calendar at ojlife.com. Click on "Add an event" at lower right of home page.

OJMCHE is the Oregon Jewish Museum and Center for Holocaust Education at 1953 NW Kearney, Portland. 503-226-3600, ojmche.org

MJCC is the Mittleman Jewish Community Center at 6651 SW Capitol Hwy., Portland. 503-244-0111, oregonjcc.org

Want to be treated like the rich and famous?

You can feel like you were pursued by the paparazzi on your wedding day. And you can enjoy a relaxing night out in downtown Portland.

Flow?

Oregon Jewish Life will feature a **wedding photograph** on our February cover in honor of our special weddings coverage that month.

He could be you!

All you have to do is submit a vertical wedding photo (it must be a high resolution digital image) and a brief description of why you deserve to be our cover couple.

The winning couple will appear on our Pregon Tewish Life cover

will receive a free night's stay at a Portland hotel.

Entries must be received by Dec.15. Send to editor@ojlife.com





Happy Chanukah!

Stop by your neighborhood Safeway and check out new kosher favorites.

